



to help you prepare your child for school

- 1 Practice putting on coats and shoes.
- 2 Help your child learn to go to the toilet on their own.
- 3 Encourage your child to use a knife and fork.
- 4 Help your child get used to spending time away from you.
- 5 Help your child to recognise their name and belongings.
- 6 Let your child practice using a pencil and scissors.
- 7 Chat to your child, sing songs and rhymes and share books.
- 8 Encourage your child to play, take turns and share toys.
- 9 Help your child get used to following simple instructions.
- 10 Help your child understand and communicate their own and others feelings.



All children's development is unique and these are only suggestions - not a list of things your child must be able to do. If your child has additional needs, you may need more support and information.

Take a look at our local online resources: (scan the QR codes below)



...giving children the best start

If you need further information, advice or support, then please visit:
www.nottinghamshire.gov.uk/care/family-hub-networks