

Artic Sensory play

EYFS: It helps growing brains to create stronger connections as it learns how to process and respond to different stimuli.

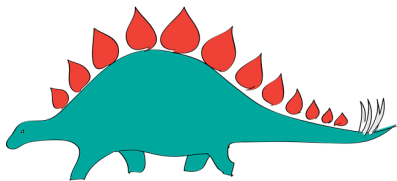
You are your child's teacher:

Let your child safely explore the materials.

Use descriptive language, say what you see and talk about the texture, shape and differences.

Allow time.

Be warm, supportive, and encouraging.



You may need:

- Ice cubes
- Fake snow
- Animals
- Cars
- People
- Dinosaurs

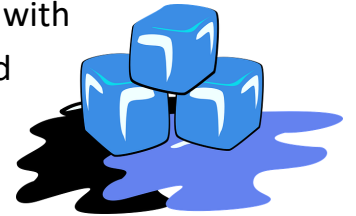


Children are natural explorers

By giving your child different materials to play with will gain an understanding of the world around them.

The textures have both a visual and physical benefits, and sensory play encourages learning through exploration, curiosity and problem solving.

Learning through touch and play strengthens your child's motor skills.



Why is sensory play good for SEN children?

- Increases concentration
- Develops muscle tone
- No right or wrong way of playing
- Appeals to children with different learning

