

Fun with sounds

Nottinghamshire Best Start Strategy 2021– 2025: Home learning is one of the biggest influences on early year's outcomes.

You are your child's teacher:

Sing songs and rhymes encourage your baby/ child to babble along.

Do the actions to the songs and rhymes.

Play a musical instrument while you listen to music,

Be warm, supportive, and encouraging.



Singing songs also builds your baby's vocabulary and helps them learn and recognize the natural rhythm of speech. Here are some of our classic favourites: such as Incey Wincey spider.

Provide some great family bonding time.

Language development: Babbling a string of consonant sounds At around 9 months, the three easiest sounds for your baby to express are b, m and p—'bababa,' 'mamama,' 'pppppp'.

Repeat these activities so that, over time, your baby makes connections between the visual representations and the sounds.

As your baby grows, they will enjoy making music by banging on a saucepan with a wooden spoon or banging on a toy drum.

Be patient and consistent with these activities, and always create a nurturing and supportive environment for your baby to explore and learn at their own pace.

