



Broxtowe South Family Hub Network Timetable from 13.04.26

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Morning</u>		<p>Stay & Play 10:00-11:30 <i>Chilwell Family Hub</i></p> <p><i>Please ring 48 hours before to book</i></p> <p>Under 1's 10:00-11:30 <i>Beeston North Family Hub</i></p>	<p>Under 1's 10:00-11:30 <i>Chilwell Family Hub</i></p>	<p>Stay & Play 10:00-11:30 <i>Beeston North Family Hub</i></p> <p><i>Please ring 48 hours before to book</i></p>	<p>BABES Breastfeeding Support 10:00-11:30 <i>Chilwell Family Hub</i></p>
<u>Afternoon</u>	<p><i>Please be aware that all groups are subject to cancellation at any time. We apologise for any inconvenience this may cause</i></p>				

...giving children the best start

Self-Weigh is available:

- Chilwell Family Hub: Monday-Friday, 9:00am – 4.30pm
- Beeston North Family Hub: Wednesday to Thursday 9:00am – 4:30pm
- Scales are also available for use during the Stay & Play / Under Ones group





Broxtowe North Family Hub Network Timetable from 13.04.26

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Morning</u>		<p>BABES Breastfeeding Support 10:00-11:30 <i>Eastwood Family Hub</i></p> <p>Stay & Play 10.00–11:30 <i>Eastwood Family Hub</i> Book on within 48 hours before the session</p>	<p>Under 1's 10:00–11:30 <i>Eastwood Family Hub</i></p> <p>Book on within 48 hours before the session</p>		

*Please be aware that all groups are subject to cancellation at any time.
We apologise for any inconvenience this may cause*

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Self-Weigh is available:

- Eastwood Family Hub: Monday-Thursday 9:00am - 4:30pm. Friday 9:00am – 4:00pm
- Scales are also available for use during the Stay & Play / Under Ones group



Nottinghamshire Family Hub Network



Family Hubs also offer a range of additional services:

- Preparing for your baby
- Children's development, including listening and communication
- Playing with your child
- The emotional health of your child
- Children's behaviour
- Feeding your child (including weaning support and fussy eating)
- Increasing your confidence
- Domestic abuse (in partnership with Women's Aid services)
- Volunteering opportunities

If you would like to access any of these services, please contact your local Family Hub network team by walking into any of our buildings or completing an online enquiry form on the NCC website. Search for your local Family Hub and then click on Contact Us.

Chilwell Family Hub – *Great Hoggett Drive, Chilwell, Nottingham, NG9 4HQ*

Beeston North Family Hub – *Off Alderman Close, Beeston, Nottingham, NG9 2RH*

Eastwood Family Hub – *Chewton Street, Eastwood, Nottingham, NG16 3HB*

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