

## Create a Christmas Sensory Board

**You are your  
child's  
teacher:**

Explore and discover different textures through touch.

Leave the activities available.

Read a Christmas story and sing Christmas songs.

Be warm, supportive, and encouraging.



Personal, social and emotional development: Managing self: be confident to try new activities.

Christmas sensory board to be created by an Adult:

You will need: Glue gun

Foam board

Tinsel

Pine cones

Bows

Small bags

Stars cut out from different textured materials

Santa hat



Place the objects onto the foam board and then glue them on using the glue gun, allow to cool before use.

Consider adding small material bags with herbs inside so your child can experience different smells, for example a cinnamon stick, mint leaves or cooked dried oranges.

Visit: [nottshelpyourself.org.uk](http://nottshelpyourself.org.uk)

