

## Counting

Birth to five: Positive Relationship: Moving and handling: Enabling toddlers to have three hours a day moving and being active both indoors and outdoors, across the day according to the child's interest.

**You are your  
child's teacher:**

Let your child safely explore the indoor and outdoor environment.

Use descriptive language, say what you see and talk about the texture, shape and differences.

Allow time.

Be warm, supportive, and encouraging.



Counting with your little one: count out loud how many steps they take .



Talk about shapes in the natural world such as the shapes of clouds, leaves, flowers and

Build a tower using cardboard boxes and count how many you have used.

