

Mud Dough Activity to do at home

...giving children
the best start

Early Learning Goal: Fine Motor and Manipulation skills, Communication and Language, Creativity, Imagination

You are your child's teacher:

Use descriptive language
say what you see.

Avoid asking questions.

Listen to your child.

Let your child read you a
story.

Give your child time to
think and reply.

Be warm, supportive, and
encouraging.

What you will need:

Dry Soil	Tea spoon
Flour	Spoon
Water	Bowl
Oil	Cup

What you need to do:

1. Get all your ingredients together with your little ones
 2. Use your cup and put 1 cup of Flour and 1 cup of Soil in your bowl
 3. Give these a good mix together
 4. Add 1 or 2 tea spoons of oil to the flour and soil in the bowl
 5. Now slowly add some water to the flour and soil in the bowl (usually 1 cup but this can vary)
 6. As you add your water keep mixing it in until you get a mixture that you are happy with
 7. Once it's made, get some bits and bobs to use during play such as rolling pin, cookie cutters etc.
- **Being creative gives children a sense of achievement and allow them to take pride in their work which will build confidence.**
 - **Helps with language. By you saying what is happening and the different steps**
 - **Playing with the dough develops good fine motor and manipulative skills**

