

# Guide to Location Tracking Apps and Devices for Monitoring Elderly Relatives

Caring for elderly relatives who may wander can be challenging and worrying. Fortunately, modern technology offers practical solutions to help you keep them safe while respecting their independence.

This guide explores three popular options: **Life360, Google Maps, and WhatsApp location sharing.**



## Why Use Location Tracking?

- **Peace of mind:** Know where your loved one is at any time.
- **Quick response:** Act fast if they become lost or disoriented.
- **Independence with safety:** Allow freedom while maintaining security.





## Life360: A Dedicated Family Safety App

Life360 is designed for family location sharing and safety. It offers more than just tracking—it includes features that can make caring for elderly relatives easier.

### Key Features

- Real-time location sharing: See where your relative is on a private family map.
- Place alerts: Receive notifications when they arrive or leave specific locations (e.g., home, GP surgery).
- Driving safety: Monitor driving behaviour if they still drive.
- Emergency SOS: Sends an alert with their location to all family members.

## How to Set Up

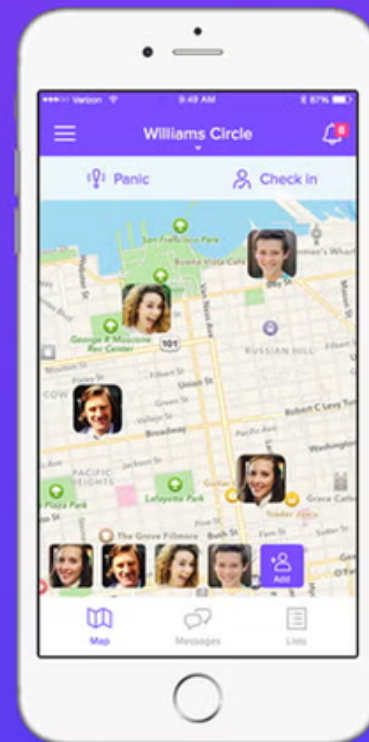
1. Download Life360 from the [App Store](#) or [Google Play](#).
2. Create a family circle and invite members via email or text.
3. Enable location permissions on your relative's device.
4. Set up Place Alerts for key locations.
5. For further guidance, consult

## Subscription Options

- Free plan: Basic location sharing.
- Premium plans: Include crash detection, roadside assistance, and more.



Stay connected to those  
who matter most

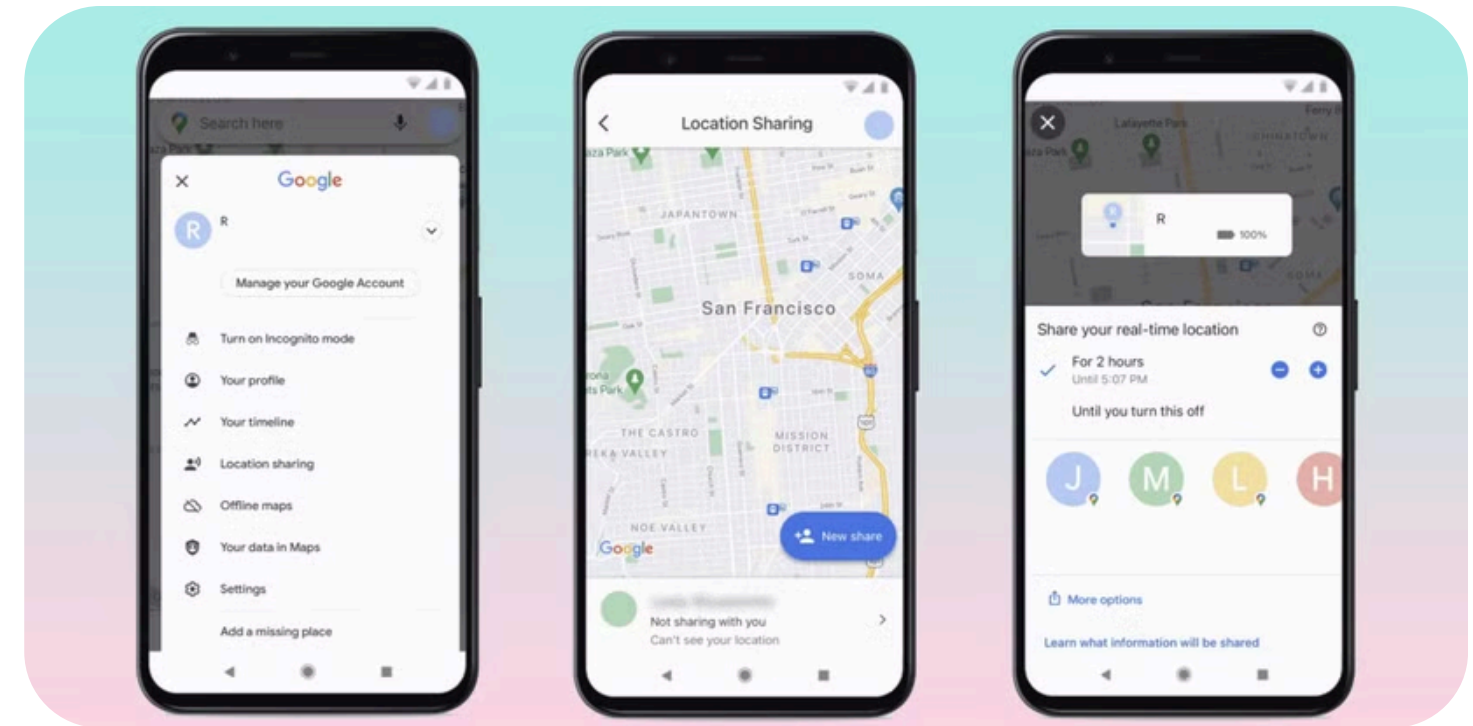


## Google Maps: Simple and Reliable Location Sharing

Google Maps offers a straightforward way to share real-time location without extra cost.

### Key Features

- Live location sharing: Share for a set time or indefinitely.
- Integration with Google account: Easy for Android users.
- Works across devices: Available on iOS and Android.
- No subscription fees.
- Familiar interface for most users



### How to Share Location

- Open Google Maps on your relative's phone.
- Tap their profile icon → Location Sharing.
- Choose who to share with and for how long.
- You'll receive a link or see their location in your Google Maps app.
- Further information about location sharing in Google Maps is available [here](#)



## How to Share Location

- Open a chat with you in WhatsApp.
- Tap the attachment icon → Location → Share Live Location.
- Select duration and send.



## WhatsApp: Quick and Familiar

WhatsApp is widely used and offers a simple way to share live location.

### Key Features

- Live location sharing: Share for 15 minutes, 1 hour, or 8 hours.
- End-to-end encryption: Keeps location data private.
- Easy to use: Ideal for relatives already comfortable with WhatsApp.



## Considerations

- Requires the app to stay open in the background.
- Limited to the chosen time frame.

