



ADVICE AND SUPPORT IN PREGNANCY AND FOR NEW PARENTS





YOU CAN GET HELP WITH ...




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- Maternity grants
 - Baby items /equipment
 - Priority services registration
 - Carbon monoxide awareness
 - Food bank referrals
 - Utility debt
 - Grant funding
 - Benefit check
 - Ways to save money
 - Energy efficiency
 - Smart meter information
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HOW TO GET HELP

Talk to your midwife or nurse and they will be able to refer you to **Hope4U** for advice and support.




Alternatively , email

WPD@hope4u.co.uk with details of the help you are seeking (including your name , address and phone number.



www.hope4u.co.uk