...giving children the best start

Out and about Bear Hunt Activity

EYFS: Physical Development ELG: Gross Motor Skills Children at the expected level of development will: - Negotiate space and obstacles safely, with consideration for themselves and others.

You are your child's teacher:

Face to face play time

Use descriptive language: talk about what your child is doing avoid asking questions.

Encourage other family members to join in with the activity by visiting local parks. Repeat activities as much as possible.

Be warm, supportive, and encouraging.

We're going on a bear hunt:

Ask your neighbours to put a teddy bear in their front window, then with your child go for a walk to see how many bears you can spot.

With your child why don't you visit your local park, have ago on the slide or climb a tree.

Going for a walk is good fitness and good for your mental health.

When you get home perhaps you could get your child to draw their favourite teddy bear, or take a photo of your child with a teddy bear.

Nottinghamshire County Council

For more activities

1 year old and onwards