

Outdoor Fun Activities

...giving children
the best start

You are your child's teacher:

Talk about what your child is doing helps their language to develop by learning new words.

Giving them lots of different activities to explore will help develop their physical skills.

Set simple goals your child can achieve.

Give your child time to think and reply.

Be warm, supportive, and encouraging.

Make a mud pie:

Collect petals, twigs, small stones, and leaves using old pots and pans to help make your mud pie. Use compost or mud to create your base, use water to make your mixture.



Happy mud pie creating!

Create a mud kitchen:

Use logs, crates, an old table or a cardboard box with a tray on top to create the base for your mud kitchen. Gather old kitchen equipment—use old pots, pans, spoons, forks, whisks, mugs, plates—anything you no longer need. .

Add vegetables, water, leaves, flowers and twigs from around your garden. To make your pretend lunch use a plastic knife (adult supervision) to chop the vegetables.



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Making a potion:

Using old bowls, jugs, spoons and collect grass, petals, twigs and using water create your own magic potions. You could also add food colouring to make different coloured potions.

Remember to say a magic spell. Abracadabra!

Mud painting:

Using a bucket or tub and gather some mud add a small amount of water and using a paint brush, twig, hand or leaves and start painting.



Stick person or picture:

Collect twigs, stones, leaves and flowers to create your own picture. You can either stick this to a piece of paper or card, or just make the picture on the ground.

To create the stick person, you will need string to tie the arms and legs together. What's their name?



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Magic wand:

Have a walk around the local park or forest and find your magic wand—remember the wand chooses the witch or wizard, so make sure to keep your eyes peeled for that special branch!

Using glue, double-sided tape or string decorate your wand. You could use things you collected on your walk such as flowers, leaves, grass, stones and feathers, or use different coloured paper, beads, bits of ribbon or material. You could even paint your magic wand your favourite colour.

Fairy or Elf House:

While you're on your walk, make sure to collect extra leaves, grasses, stones, feathers—in fact any “treasure” you come across. You could then use it back at home to make a fairy or elf house. You'll just need an older cardboard box and some sticky tape or glue. Decorate it with the treasures you found.

The fairies and elves will love it!



Den building:

Why not go to your local park or wood and collect large branches to create a den. Or use old blankets and pegs to create a den in your garden. Have a story or sing songs. Take a picnic to eat in your den.

