



If there are signs/possibility of domestic abuse then follow safeguarding procedures.



## Relationships Really Matter Pathway (Reducing Parental Conflict)

Professionals working with parents/carers routinely raise Relationships Really Matter (RRM) and how adult conflict is managed within the home – during 1:1 discussion, assessment process or as part of a group session. Screening tools available to support identification of need found on Notts Help Yourself [www.nottshelpyourself.org.uk/relationshipsreallymatter](http://www.nottshelpyourself.org.uk/relationshipsreallymatter)

Professionals share resources with parents/carers and/or signpost to Notts Help Yourself Relationships Really Matter page [www.nottshelpyourself.org.uk/relationshipsreallymatter](http://www.nottshelpyourself.org.uk/relationshipsreallymatter)

Parent/carers uses materials without support to understand how to manage conflict

Referral for Relationships Really Matter interventions:

- [Early help unit online referral](#)
- [Children's Centre referral](#)
- Internal referral processes where applicable

Parent/carers uses materials with support from professional

Relationships Really Matter Interventions				
Access to EPEC programme	One plus One digital intervention - 3 programmes	RRM workshop	RRM 4 week programme	1:1 work with parents
Being a Parent Together sessions delivered by Early Help Services	Me, you and baby too, Arguing better, Getting it right for children	A workshop session delivered by trained RRM practitioners to introduce resources and promote discussion.	Sessions delivered by trained RRM practitioners to work through resources and develop strategies with parents/carers	Series of sessions carried out with parents/carers by a trained RRM practitioner

Professionals to signpost to relationship counselling breakdown services if appropriate