

The Innovation Fund

Parental Conflict Questionnaire

For parents who are no longer in a relationship together / separated

Important: Please only answer these questions if you are no longer in a relationship together / have separated from the parent with whom you are experiencing conflict.

If you are still in a relationship with the other parent then please ask the member of staff to give you the appropriate questionnaire.

There are two sections of questions to this part of the questionnaire. Please answer all questions to the best of your ability, even if they do not seem entirely relevant to you.

Once you have finished these questions, please return the questionnaire to the member of staff.

For parents who are separated

Section 1: Interacting with each other

Considering the last 4 weeks, how often does the following occur between you and your former (Ex) partner/spouse? Please answer as best as you can, circling your response for each question.

	Never				Always
1. When you & your former partner/spouse discuss parenting issues, how often does it lead to an argument?	5	4	3	2	1
2. How often is the atmosphere one of hostility and anger?	5	4	3	2	1
3. How often are your conversations stressful and tense?	5	4	3	2	1
4. Do you and your former partner/spouse have basic differences of opinion about issues related to raising your child / parenting?	5	4	3	2	1
	Never				Always
5. When you need help regarding the children, do you ask for it from your former partner/spouse?	1	2	3	4	5
6. Is your former partner/spouse helpful to you in raising your child / children?	1	2	3	4	5
7. Would you say that you are helpful to your former partner/spouse in raising your children?	1	2	3	4	5
8. If your former partner/spouse needs to make a change to visiting arrangements, do you make a real effort to accommodate (make this work)?	1	2	3	4	5
9. Does your former partner/spouse make a real effort to accommodate any changes you need to make to visiting arrangements?	1	2	3	4	5
10. Do you feel that your former partner/spouse understands and is supportive of your needs as a parent (whether your children live with you or not)?	1	2	3	4	5

Section 2: Conflict between parents

Think back over the last 4 weeks and tell us how well you and your former spouse/partner have related in the following ways:

		Very poorly				Very well
1	How well do you share responsibility for raising your child / children	1	2	3	4	5
2	How well do you communicate about your child / children	1	2	3	4	5
3	How often do you agree when making decisions about your child / children	1	2	3	4	5

How satisfied are you with:

		Very dissatisfied				Very satisfied
4	The amount of time your child / children spend with their other parent	1	2	3	4	5
5	How your child / children spend this time with the other parent.	1	2	3	4	5
6	Arrangements for child custody (who your child lives with).	1	2	3	4	5
7	Arrangements for visitation (with the other parent and relatives).	1	2	3	4	5
8	Arrangements for child support (financial).	1	2	3	4	5

For parents who are separated

We would now like to ask how frequently you and your former spouse/partner argue about each of the following nine topics:

		Often	Sometimes	Hardly ever	Never
9	Children	3	2	1	0
10	Money	3	2	1	0
11	Chores and responsibilities	3	2	1	0
12	Showing affection (towards each other)	3	2	1	0
13	Religion	3	2	1	0
14	Leisure time	3	2	1	0
15	Drinking	3	2	1	0
16	New partners	3	2	1	0
17	Relatives	3	2	1	0

END OF QUESTIONS

Thank you for completing this questionnaire