

Stacking and knocking Activities your baby

Nottinghamshire Best Start Strategy 2021– 2025: Babies, parents and Careers have a good early relationship:

Good early relationships help a growing brain to become socially efficient and support emotional, behavioural and intellectual development.

You are your child's teacher:

Face to face play time

Language: try to use 1, 2, 3, go, this introduces listening and attention.

Social and interaction, waiting and turn taking

Encourage other family members to do these activities.

Repeat activities as much as possible.

You could use:

Empty cardboard boxes

Empty tubes

Kitchen roll

A low cost activity and the boxes can be saved or recycled.

Encourage your baby or toddler to stack the boxes on top of each other, then after “1, 2, 3, go” let your child knock it over. Then encourage them to re– build the tower and start again.

