

# Emily's Journey



Emily had a placement at Nottingham City Hospital for one year as part of DFN Project Search with Nottingham College.

As a result of her continuous hard work and support from her colleagues, Emily gained permanent paid employment as a Food Service Assistant.



*'Whilst working within the hospital I have been able to use the skills I learnt at college, gain new skills and have now been offered a permanent job with the NHS.'*

*'I have thoroughly loved every minute working at the hospital and always feel safe and supported.'*

*'Although I was fairly outgoing, I have always lacked confidence in myself, but the Supported Internship has enabled me to build my confidence by meeting and working with lots of different people.'*



 Nottinghamshire County Council

W [nottinghamshire.gov.uk](http://nottinghamshire.gov.uk)  
E [icdsehpost16@nottsc.gov.uk](mailto:icdsehpost16@nottsc.gov.uk)

 [facebook.com/nottinghamshire](https://www.facebook.com/nottinghamshire)

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# Supported Internships

Supporting you  
Towards Employment



SHINE



Support Into Work

Integrated Children's Disability Service (ICDS)

 Nottinghamshire County Council

# What is a supported internship?

Supported Internships are education-based Study Programmes that help young people aged between 16 and 24 with an Education, Health, and Care Plan to develop the skills you need to get a job.

On a Supported Internship programme, you would still be on roll with an education provider, but what makes the Supported Internship different is that you would **do most of your learning at work**, 'on the job' with a host employer.

A Supported Internship could be the **right choice for you if you learn best by 'doing'** (known as a 'place and train' approach) and where you might need more time or support than would be available through a traineeship or apprenticeship.

A **Job Coach** from the education provider will support you in the workplace until both yourself and the employer feel confident that you can do the job by yourself.

The Supported Internship will last between 6 and 12 months and **by the end of it you should be ready to move into a paid job** because of the skills and experience you have gained. If you are not able to gain employment with the host employer, the Job Coach and education provider will support you to apply for positions with other companies. If you have not gained employment by the end of your Supported Internship, you will be supported to access other services related to seeking employment.

The most important requirement for a Supported Internship is that you want to work. There are **no qualification requirements. Your commitment, motivation and enthusiasm to work are the most important things.**

If you don't already have a grade C or 4 at GCSE or a Level 2 Functional Skills in English and / or Maths, you might continue studying English and Maths at a suitable and stretching level while you do your Supported Internship. You may also study for other qualifications that will help you move into work.

# Applying for a Supported Internship

Most Further Education Providers run their own Supported Internship programmes, but the selection process may include:

- Talking through the kind of job you aspire to
- Interviews
- Hands-on assessments at businesses or employer buildings
- Assessments at your place of education

If you are interested, contact your Special Educational Needs Coordinator or support worker at your current education setting. Alternatively, please contact your allocated ICDS EHCP Coordinator

**We would love to see you on the programme!**

Young people develop the experience and skills required to gain paid employment

Nottinghamshire County Council links employers and providers, and oversees the young person's support needs

Education providers personalise the internship and provide support to meet the needs of the young person and the host business

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Email: [icdsehcp16@nottsc.gov.uk](mailto:icdsehcp16@nottsc.gov.uk)