

## Valentine Sensory Bottles

Birth to five Matters: A Unique Child: In play children also have opportunities to engage in Active Learning, as they are intrinsically motivated

### You are your child's teacher:

Use descriptive language: talk about what your child is doing avoid asking questions.

Let your child be as creative as possible age appropriate.

Be warm, supportive, and encouraging.



### You will need:

- Plastic empty water bottle
- Glitter
- Heart confetti
- Water
- Baby oil or cooking oil
- Food colouring (optional)



Put your confetti into the bottle and then fill your plastic bottle with water approximately one-third full, add a few drops of food colouring. Once the food colouring has spread fill the rest of the bottle with oil, ensure that you tightly seal the lid you may want to further secure the lid by putting cellotape around the lid.

