

Muddy Activities

...giving children
the best start

Early Learning Goal: Understanding the world: Exploring the natural world around

You are your child's teacher:

Talk about what your child is doing helps their language to develop by learning new words.

Giving them lots of different activities to explore will help develop their physical skills.

Set simple goals your child can achieve.

Give your child time to think and reply.

Be warm, supportive, and encouraging.

Make a mud pie:

Collect petals, twigs, small stones, and leaves using old pots and pans to help make your mud pie. Use compost or mud to create your base, use water to make your mixture.

Happy mud pie creating!



Create a mud kitchen:

Use logs, crates, an old table or a cardboard box with a tray on top to create the base for your mud kitchen. Gather old kitchen equipment—use old pots, pans, spoons, forks, whisks, mugs, plates—anything you no longer need. Add vegetables, water, leaves, flowers and twigs from around your garden. To make your pretend lunch use a plastic knife (adult supervision needed) to chop the vegetables or have a mud party and invite your friends to join you.



Happy “cooking”

