

Roll the ball

Birth to 5 Matters: A Unique Child: It is important to provide opportunities for children to develop sensory integration, balance and coor-dination, and gross and fine motor skills, through their play indoors and outdoors.

You are your child's teacher:

Use descriptive language: talk about what your child is doing avoid asking questions.

Introducing taking turns, waiting and give positive praise

Count the skittles you knock down you are your child's role model.

Be warm, supportive, and en-couraging.

Once your baby can sit up this is a fun activity to do, by rolling the ball to your are baby you are introducing turn taking.

Remember to encourage your child to roll the ball back.

As your child gets older why not introduce plastic pop bottles for shittles.

Fill the bottles with water you could even add food colouring in the bottles, make sure you seal the lightly.

Try and introduce 1, 2, 3, go and then roll the ball, this contributes towards your babies listening and a en on skills.

You could make a ball out of odd socks.

