

Nottinghamshire Family Hub Network



Rushcliffe Family Hub Universal Timetable: 13th Apr – 24th Jul 2026

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
<p>Cotgrave Crafts (WEEKLY) Starts 13th April. Cotgrave Library. 10-11am Term time only.</p>	<p>Under 5's Stay & Play (WEEKLY) Starts 14th Apr. Lantern Lane School, East Leake, LE12 6QN. 9:45-11am. Term time only.</p> <p>B.A.B.E.S Breastfeeding Group (WEEKLY) Starts 14th April. Lantern Lane School, East Leake, LE12 6QN. 9:45-11am. Term time only.</p> <p>Under 1's Group. (WEEKLY) Starts 14th Apr. Bingham Family Hub. 10-11:30am. Term time only.</p>	<p>B.A.B.E.S Breastfeeding Group (WEEKLY) Starts 15th April. West Bridgford Young Peoples Centre. 1:30-2:30pm.</p>	<p>Under 5's Stay & Play (WEEKLY). 16th Apr. Bingham Family Hub. 10-11:30am. Term time only.</p> <p>B.A.B.E.S Breastfeeding Group (WEEKLY). Starts 16th April. Bingham Family Hub. 10-11:30am. Term time only.</p>

Please be aware that all groups are subject to cancellation at any time.
We apologise for any inconvenience this may cause.

...giving children the best start



Nottinghamshire Family Hub Network



Self-Weigh & Family Hub Drop-in Sessions: 13th Apr – 24th Jul 2026

Drop in. Bingham Family Hub: Monday-Friday, 9:30am - 3:30pm. **Centre closed on the 4th and 25th May.**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Friday</u>
Self-Weigh & Family Hub Drop-in Session (MONTHLY). 13th Apr. 11th May. 8th Jun. 13th Jul. Keyworth Health Centre. 1:30-2:30pm	Self-Weigh & Family Hub Drop-in Session (MONTHLY). 21st Apr. 19th May. 16th Jun. 21st Jul. Cotgrave Health Centre. 2:30-3:30pm	Self-Weigh Only (WEEKLY). Starts 15th April. West Bridgford Young Peoples Centre. 1-3pm	Self-Weigh & Family Hub Drop-in Session (MONTHLY). 17th Apr. 15th May. 26th Jun. 24th Jul East Leake Health Centre. 10-11am

Family Hubs also offer a range of additional services:

- Preparing for your baby
- Children's development, including listening and communication
- Playing with your child
- The emotional health of your child
- Children's behaviour
- Feeding your child (including weaning support and fussy eating)
- Increasing your confidence
- Domestic abuse (in partnership with Women's Aid services)
- Volunteering opportunities

If you would like to access any of these services, please contact your local Family Hub network team or complete a service request / online enquiry form, either by walking into any of our buildings, or by completing one on our website by scanning the following QR code:

Updated 11.3.26. All information is correct at the time of publication.

Details subject to change after this date.



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Rushcliffe Family Hub Universal Timetable: 1st Jun – 24th Jul 2026

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
<p>Cotgrave Crafts (WEEKLY) Starts 1st June. Cotgrave Library. 10-11am Term time only.</p>	<p>Under 5's Stay & Play (WEEKLY) Starts 2nd June. Lantern Lane School, East Leake, LE12 6QN. 9:45-11am. Term time only.</p> <p>B.A.B.E.S Breastfeeding Group (WEEKLY) Starts 2nd June. Lantern Lane School, East Leake, LE12 6QN. 9:45-11am. Term time only.</p> <p>Under 1's Group. (WEEKLY) Starts 2nd June. Bingham Family Hub. 10-11:30am. Term time only.</p>	<p>B.A.B.E.S Breastfeeding Group (WEEKLY) Starts 3rd June. West Bridgford Young Peoples Centre. 1:30-2:30pm.</p>	<p>Under 5's Stay & Play (WEEKLY). 4th June. Bingham Family Hub. 10-11:30am. Term time only.</p> <p>B.A.B.E.S Breastfeeding Group (WEEKLY). Starts 4th June. Bingham Family Hub. 10-11:30am. Term time only.</p>

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Self-Weigh & Family Hub Drop-in Sessions: 1st Jun – 24th Jul 2026

<u>Venue</u>	<u>Day</u>	<u>Time</u>
Bingham Family Hub, NG13 8BE	Monday to Friday. Starting 1 st June.	9:30am-3:30pm
Keyworth Health Centre, NG12 5JU	Monday (MONTHLY) 8 th Jun. 13 th Jul.	1:30-2:30pm
Abbey & Lady Bay Family Hub, NG2 5ND	Tuesdays & Thursdays (WEEKLY) Starting 2 nd June.	1-3pm
Cotgrave Health Centre, NG12 3JG	Tuesday (MONTHLY) 16 th Jun. 21 st Jul.	2:30-3:30pm
East Leake Health Centre, LE12 6JG	Friday (MONTHLY) 26 th Jun. 24 th Jul	10-11am

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