

Spring Herb Playdough Activity

...giving children
the best start

EYFS: ELG: **sensory:** exploring and investigating materials/ textures using all the senses

maths: investigating capacity / weighing/ measuring/ counting (during the cooking process)

motor skills: fine motor development through: pinching/ squeezing/ pushing/ pincer grip/ poking/ squishing/ rolling/ rolling/ digging

creativity: making dough represent other objects/ sculptures/ role-play/ imaginative play

You are your

child's teacher:

Face to face time together

Use descriptive language:
talk about what your child
is doing avoid asking
questions.

Encourage other family
members to repeat the
activity.

Ingredients:

1 cup salt

2 cups flour

1.5 cups boiling water

2 tbsp oil

a few drops of fresh lemon juice (this works in the same way as cream of tartar!)

fresh herbs eg rosemary, thyme, sage, oregano, mint.

Mix all of the ingredients together in a bowl.

As soon as it is cool enough to touch, start kneading un l it becomes so , stretchy
and pliable.

Mix in the herbs. You can use rosemary and lemon

