

Contact details

Looking for **SOMEWHERE TO GO, SOMETHING TO DO, SOMEONE TO TALK TO!**

Nottingham City Council Youth Service and Partners offer a safe space and somewhere young people can take part in positive activities, make new friends, learn new skills, and have new experiences!

We work with Children and young people to facilitate their personal, social and educational development and to empower them to develop their voice, influence and place in society and to reach their potential

We deliver a range of activities and support sessions. Come and get involved in sports & team games, creative arts, cooking, issue-based projects and accredited skills.

Sessions

Junior Youth Sessions/Youth Sessions/Targeted Group Work/One-to-Ones. Concentrating on children and young people that have a need and require support. Currently, all sessions are **bookings only** when a registration or referral form is completed. Spaces are limited, so please contact each provider. Details are listed in the timetable.

You can find local activities for your child by visiting **www.yournottsdirectory.org.uk**

We aim to offer positive experiences for all children and young people. This means they may sometimes get messy! We recommend that children and young people wear appropriate clothes when participating in these activities, as we are unable to reimburse for the loss or damage of personal belongings and clothing.

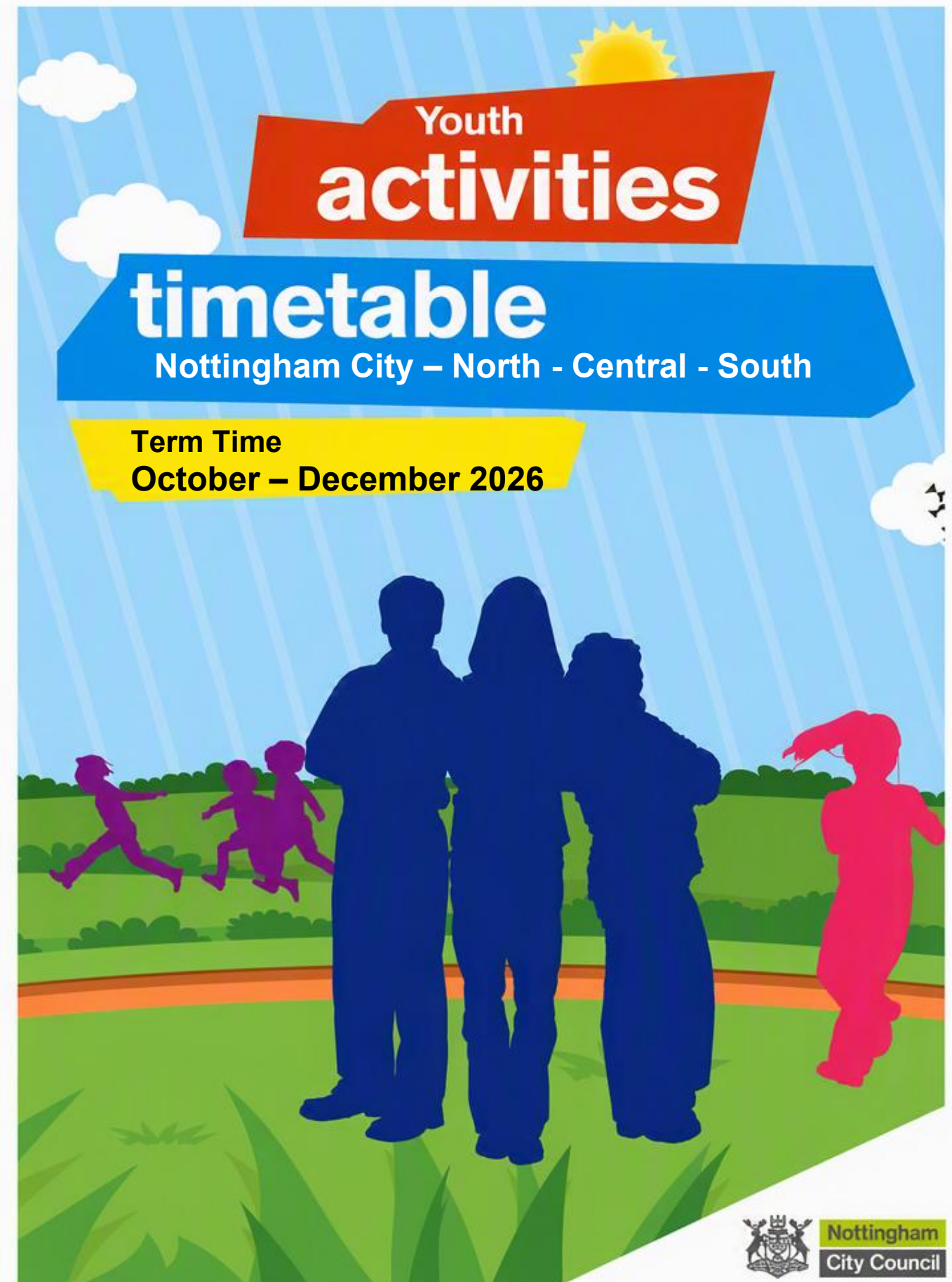
For further information see the below contact details.

If you, or a young person you support are struggling, please don't hesitate to get in touch.

Call ☎ **0115 883 3540 – Day time**

Email: playandyouth@nottinghamcity.gov.uk

For further information and details of activities, please go to:
www.earlyhelpnottingham.org.uk



**Nottingham City – North
Delivery October – December 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
 Young Men's Group 4:00 – 6:00pm Ages 13-17 Bulwell Riverside Youth Centre Main Street Bulwell Nottingham NG6 8QJ Referrals only  Young Women's Group 4:00 pm– 6:00 pm Ages 13-17 Bulwell Riverside Youth Centre Main Street Bulwell Nottingham NG6 8QJ Referrals only	 Mood & Food Café 4:00 – 6:00pm Ages 12–17 IN PARTNERSHIP WITH MENTAL HEALTH SUPPORT TEAM (MHST) Must be booked in advance Bulwell Riverside Youth Centre Main Street Bulwell, NG6 8QJ Referrals only  HKA Basketball session 6:15-7:15pm Ages 6-12 7:15-9:15pm Ages 14-17 For more information contact Keiren Thompson – M: 07562303846 E: helpingkidsachieve1@gmail.com Bulwell Riverside Youth Centre Main Street Bulwell Nottingham	 Group work session 3:30 – 5:30pm Ages 11-17 Bulwell Riverside Youth Centre Main Street Bulwell, NG6 8QJ Referrals only  Youth Junior Youth 5:30-7:30pm Ages 10-13 Referrals only Bulwell Riverside Youth Centre Main Street Bulwell Nottingham NG6 8QJ Must be booked in advance	 Bulwell Riverside Youth Centre Health Drop in Session 3:00 – 6:00pm Free & Confidential Ages 13 - 19 Bulwell Riverside Youth Centre Main Street Bulwell, NG6 8QJ In partnership with Sexual Health Nurses.  HKA Female Basketball session 7-8:30pm Ages 8-16 For more information contact Keiren Thompson – M: 07562303846 E: helpingkidsachieve1@gmail.com Bulwell Riverside Youth Centre Main Street Bulwell Bulwell, NG6 8QJ	 Group work session 3:30 – 5:30pm Ages 11-17 Bulwell Riverside Youth Centre Main Street Bulwell, NG6 8QJ Referrals only  The Bestwood drop-in 3:30 – 5:30pm Ages 10-16 years Referrals only Southglade access centre Centre Bestwood Nottingham NG5 5GU  Bulwell Riverside Youth Sessions 7:00-9:00pm Ages 13-17 Must be booked in advance Bulwell Riverside Youth Centre Main Street Bulwell, NG6 8QJ

Nottingham City – Central
Delivery October – December 2026

Monday

Tuesday

Wednesday

Thursday

Friday



Group work session
3:30 – 5:30pm

Ages 11-17
The Mary Potter Centre, 76 Gregory
Blvd, Radford, Nottingham NG7 5HY

Referrals only



Elevate & Empower Project

4:00-6:00pm
Ages 11-16

Hyson Green Youth Club
Terrace Street
Hyson Green, NG7 6ER

Contact 0115 8833540 for more
information or email:
playandyouth@nottinghamcity.gov.uk



Group work session
3:30 – 5:30pm

Ages 11-17
The Mary Potter Centre, 76 Gregory
Blvd, Radford, Nottingham NG7 5HY

Referrals only

Nottingham City – South Delivery October – December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
.	 Young Women's Group 4:00 pm– 6:00 pm Ages 13-17 Meadows Family Hub Kirkby Gardens, Nottingham NG2 2HZ Referrals only	 One to One Support wellbeing checks 3:30 – 5:30pm Ages 11-17 Meadows Family Hub Kirkby Gardens, Nottingham NG2 2HZ Referrals only  Mood & Food Café 4:00 – 6:00pm Ages 12–17 IN PARTNERSHIP WITH MENTAL HEALTH SUPPORT TEAM (MHST) Must be booked in advance Young Futures Hub 42 Beaumont street, Sneinton NG2 4PJ Referrals only		 One to One Support wellbeing checks 3:30 – 5:30pm Ages 11-17 Meadows Family Hub Kirkby Gardens, Nottingham NG2 2HZ Referrals only