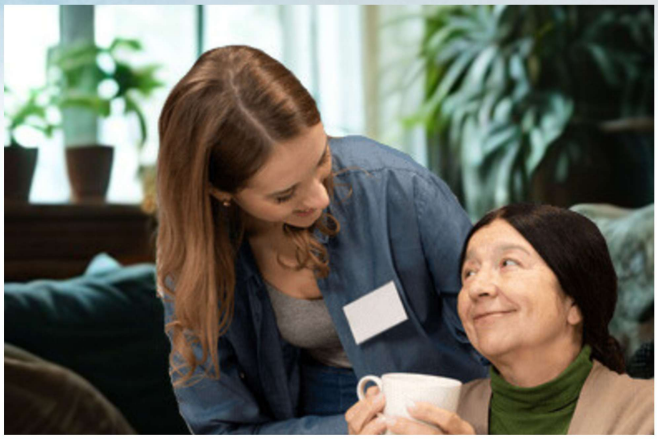
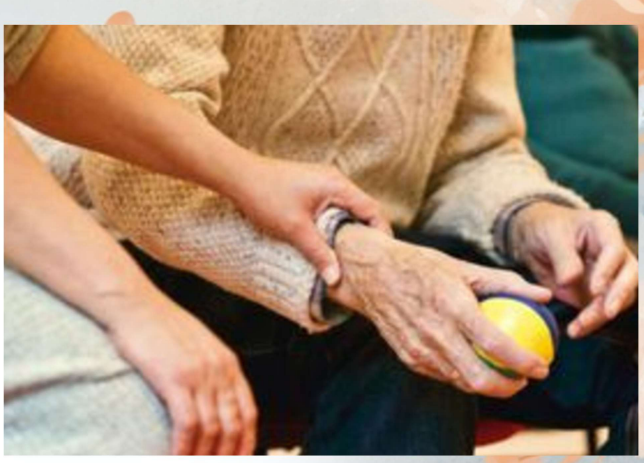
ALURA Care



Reliable Companionship and Social Support

We provide compassionate, personalised companionship and social support for adults of all ages. Whether you would like a friendly face to chat with, support with shopping, or someone to spend time with you at home, we are here for you.



Support we provide

- Companionship
- Meal preparation and cooking
- Support with meals and maintaining good nutrition
- Shopping
- Accompany you to appointments
- Medication reminders (non-administrative)



Premium Independent Home Support & Companionship Across Nottinghamshire. Trusted, consistent, and tailored entirely to your family



Services

At Alura Care, we are passionate about providing high-quality, personalised support that enables people to live independently and safely in their own homes and communities.

We support adults aged 18 and over, including older adults, with companionship, shopping support, cooking support, cleaning support, and assistance attending appointments.

Why Choose Alura Care?

At Alura Care, we are committed to providing reliable, compassionate, and personalised support that helps you remain independent in your own home and community.

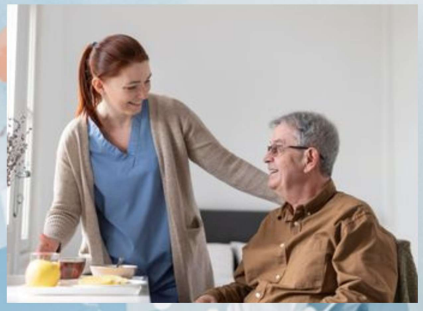
With over 10 years of hands-on care experience, we understand what truly matters — consistency, trust, dignity, and genuine human connection.

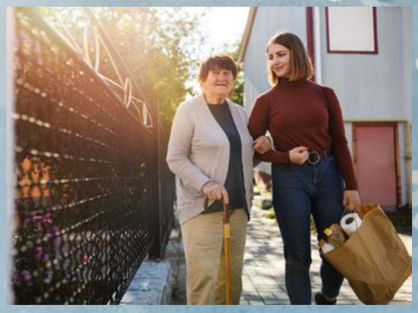
Our Experience

We have experience supporting individuals living with:

- Dementia and Alzheimers's
- Mental health conditions
- Learning Disabilities
- Long-term health conditions
- Adults aged 18 and over, including older adults requiring companionship and support.

Our experience allows us to deliver support that is safe, respectful, and tailored to each individual.





Our Approach

We believe in:

- ✓ Supporting independence
- ✓ Building trust and meaningful relationships
- ✓ Respecting individual choice
- ✓ Providing flexible, personalised support

Call us today for a friendly chat and a free, no-obligation consultation

07443 482774

support@aluracare.co.uk

aluracare.co.uk