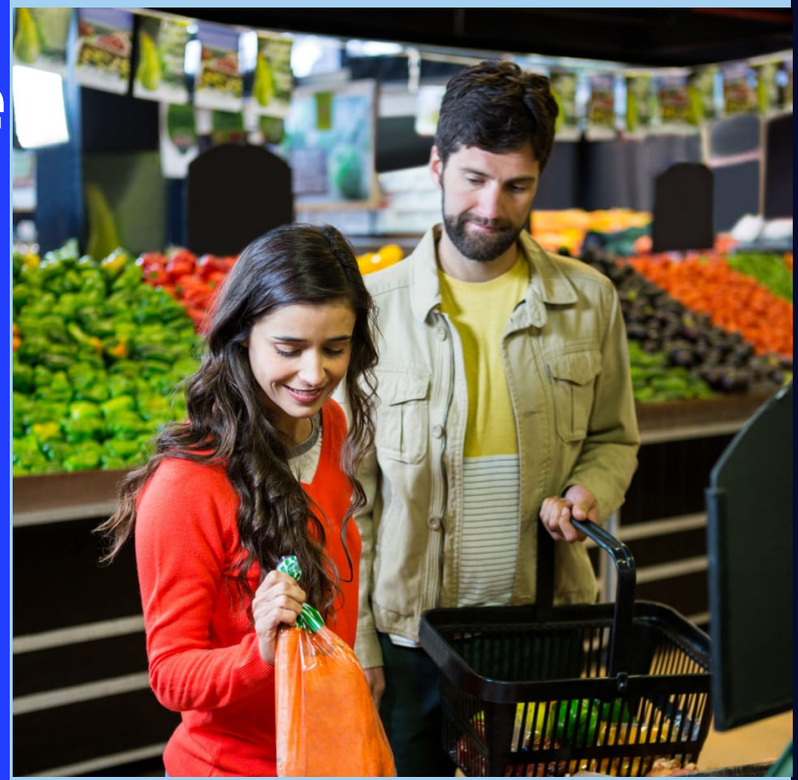
Real Social Care Solutions

Who We Are

We are a health and social care provider that provides Supported Living Services and Outreach Support for younger adults aged between 18 and 65 years. We offer tailor-made services that are designed to meet care and/or support goals or outcomes. We have a team of very friendly and down to earth people. We always like to have a laugh and keep things simple. Whatever your experiences are like in life, we will listen, understand and are happy to help.



Contact us

To find out more about our services contact us on:-

enquiries@realsocialcaresolutions.co.uk

www.realsocialcaresolutions.co.uk

Tel: 0115 783 0326

Mob: 07960416919

Mob: 07960416894

Our Services

OUR HIGHLY SKILLED AND DEDICATED STAFF WILL BE ABLE TO SUPPORT YOU WITH A RANGE OF SERVICES WHICH INCLUDE:-

- Sitting services
- Meal preparation
- Cleaning
- Laundry
- Shopping calls
- Dog walking
- Budgeting and bill payments
- Accessing the community for social and leisure activities
- Health and any other appointments
- Companionship
- Complex care support
- Supporting individuals with hoarding tendencies to de-clutter and make their home environments safe
- Medication prompts
- Getting employment, training or volunteering
- Personal budgets and Direct Payments
- Social Networking

AREAS WE COVER

Nottingham City, Nottinghamshire, Derby City, Derbyshire, Leicester City and Leicestershire