Colwick Park

5 metre contours
1:7,500 scale

0 50 100 150 200 250 metres

Permanent Orienteering Courses

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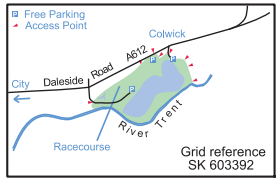


Legend

- building
- seat; bin
- pit; boulder
- wind turbine
- lifebelt; lamp-post
- out of bounds
- open land
- rough open land
- wood: run
- wood: slow run
- wood: walk
- thicket
- undergrowth: slow run
- Undergrowth: fight
- distinct vegetation change
- indistinct vegetation change
- parking / play area
- lake; pond
- river; stream
- ditch; seasonal marsh
- marsh: seasonal, uncrossable
- park road
- road: major, minor
- vehicle track
- large footpath
- small footpath
- hedge
- stone wall: high, low
- fence: high, low
- crossing point
- gully: large, small
- knoll: large, small
- depression: large, small
- contour
- form line
- earthbank
- earthwall

NOC
Nottinghamshire Orienteering Club

This map was produced with the help of Notts Orienteering Club.
www.noc-uk.org



Survey and cartography Spring 2009
by Alan Beardsley of Notts Orienteering Club. Updated 2011.
Based on earlier map by David Olivant 2004.

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Nottingham City Council

ORIENTEERING AT COLWICK

What You Need:

- Pen or Pencil to fill in answer sheet.
- A compass is not essential but can be useful
- Suitable footwear & clothing for a country walk.

What to Do

The aim is to navigate around the course and find the control markers which are located at the centre of the numbered circles on your map.

The map symbol **Δ** shows the start/finish point for all courses.

At each control marker you are looking for a red and white sign with a number and letter.



The number corresponds with the number on your map, write the letter in the box on answer sheet on the right.

A description for each control marker is given for additional information about the control location.

Top Tip

A key skill is setting the map. This means turning the map until the symbols on the map line up with the corresponding features on the ground. This helps to ensure the correct direction is followed. Use tracks and paths to help navigate to the control markers

The Legend

The legend provides the key to the map symbols. For example **black** shows tracks, paths and man-made objects; **yellow/orange** is open land, usually grass.

Missing Control markers

If you arrive at a control marker with no marker sign there are two possibilities:

1. You are in the wrong place.
2. The post is missing or overgrown.

Please check your navigation/map reading in the first instance. If you are still convinced the post is missing then inform Nottingham City Council Parks and Open Spaces Team on 0115 9152733

Out-of-bounds Areas

Out-of-bounds areas are marked with black hatching. These may be private, environmentally sensitive or potentially dangerous and should be avoided.

Useful Contacts

- Nottinghamshire Orienteering Club (NOC) www.noc-uk.org
- Nottingham City Council Children's Services for more information about courses for school use.
- Nottingham City Council Sport, Leisure and Parks www.mynottinghamcity.gov.uk/orienteering

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Suggested courses

Easy 1m (1.8km)
2 3 4 5 6 7 8 9

Medium 1.5m (2.6km)
2 3 5 6 10 11 12 13 14 15 16 17 18

Hard 3m (4.6km)
25 17 24 23 16 22 21 20 19 14 11 10 8 9

Safety notes

- Please respect other users of the site
- Beware of vehicles on site at all times

Control Marker No	Location Description	Answer Box eg B
Start	Bin	
2	Lifebelt	
3	Lifebelt	
4	Bin	
5	Seat	
6	Gateway	
7	Seat	
8	Vegetation boundary	
9	Post	
10	East Seat	
11	Lifebelt	
12	Lifebelt	
13	Southwest seat	
14	Post	
15	Bin	
16	Gateway	
17	Fence end	
18	Path junction	
19	Thicket	
20	Bin	
21	Lifebelt	
22	Seat	
23	Vegetation boundary	
24	Path corner	
25	Bin	
26	Seat	
27	Path junction	
28	Post	
29	Seat	
30	Post	
31	Lifebelt	
32	Seat	
33	Path end	