Donations

We really appreciate your decision to raise money in support of Nottinghamshire Mind. People like you help to make a difference to everyone dealing with a mental health problem. That's why it's so important that you return the money you have raised as soon as you can.

Please send all money raised for Nottinghamshire Mind no later than 30 days after your fundraising event has finished

If you receive cash as a form of donation please do not send this through the post.

It can delivered to our office by hand or alternatively you can retain the cash and post a cheque for the total amount.

Please ensure that all cheques are made payable to Nottinghamshire Mind.

Thank you!

Contact us:

Nottinghamshire Mind
Registered Office
6 Hardy Street,
Worksop,
Notts,
S80 1EH

T: 0800 470 0203

Nottinghamshire Mind is a registered charity – No. 1180345

enquiries@nottinghamshiremind.org.uk
www.nottinghamshiremind.org.uk









Fundraising for Mind

support your local Mind to support your local community

mind for better mental health | Nottinghamshire

Our Purpose

Nottinghamshire Mind is a Mental Health Charity based in Nottinghamshire to provide services to people who have had, or are experiencing mental health difficulties.

Why fundraise for Nottinghamshire Mind?

One in four of us will experience a mental health issue at some point in our lives. The money you raise will mean getting the right support at the right time and information for people to cope.



Getting started!

Do Some Research;

- What sort of activity would appeal to people?
- Talk about your plans and get help with ideas.

Make a Plan;

- Set targets for how much you want to raise and what you want to do.
- Talk about why you are doing it; Once people know why you are raising money for us and understand the difference their support will make, you might be surprised how positive and helpful they can be.



Raising Sponsorship

- Get everyone you know involved, explore every opportunity.
- Involve your local community!

Use your forms

- Use sponsorship forms and bring them back to Nott's Mind after your event.

Gift Aid

- Thanks to Gift Aid, the taxman will top up every £1 given to us with an extra 25p!



Inspirational Ideas

At Work

- Cake sale
- Office Olympics

At Home

- Come Dine With Me
- Give something up!

In A Group

- Coffee Morning
- Car boot sale

Seasonal

- Sponsored New Years Resolution
- Pancake tossing competition

In Your Community

- Quiz Night
- Supermarket bag packing