Singing for the Brain

Gedling (Woodthorpe)

Singing for the Brain...

...is based on the principles of music therapy and singing. Sessions are structured to include a range of activities, such as vocal warm-ups and singing a variety of familiar songs. We have spaces for people with dementia to come alone, or with a carer.

When: the **second Tuesday** of each month, **11am-12.30**

Where: Good Shepherd Church, Thackeray's Lane, NG5 4HT

Get in touch

Email: **NottsPDSS@alzheimers.org.uk**
Tel: **0115 934 3811**

***Booking is essential**

Alzheimer's Society

Together we are help & hope for everyone living with dementia

Registered with FUNDRAISING REGULATOR

Registered charity no. 296645. Alzheimer's Society operates in England, Wales and Northern Ireland.