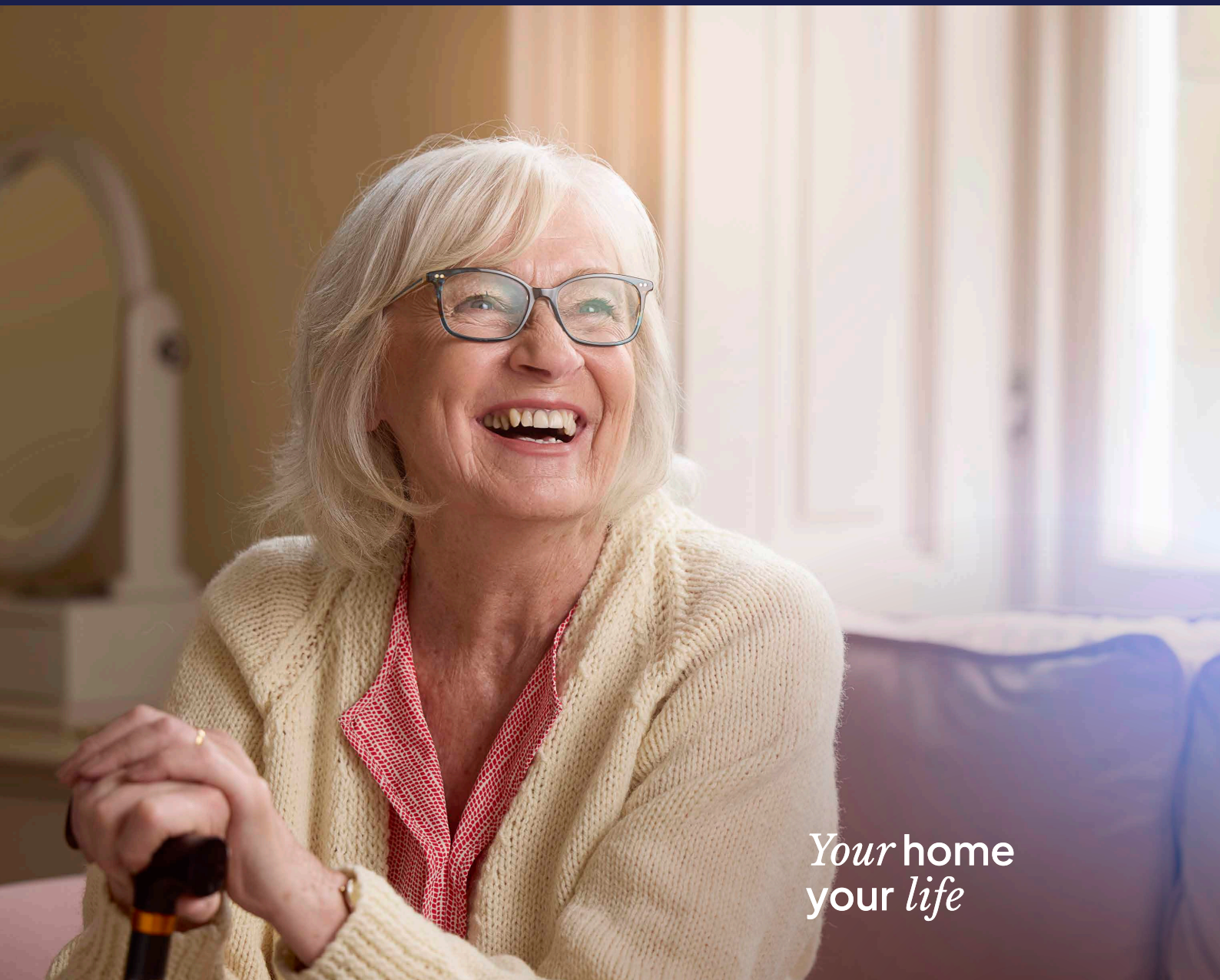
bluebird care®

Rushcliffe & Melton

It's good to *be home*



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Hello
there

We're Bluebird Care

Improve your quality of life



/Rushcliffe & Melton

We're here so your loved one can stay home, where they want to be. Where things are familiar. Where they feel at ease. Where they have the best chance to live a full and meaningful life.

And we're here for you too. Because right now is no doubt a challenging time in your life as well. And you could probably use some support.

Whether you're looking for everyday companionship or more complex care, our highly-trained Care Experts will help your loved one live the life they want, where they want.

Because as everyone knows, it's good to *be home*.

Choosing the right *care* for your loved one

We get it. If someone special in your life needs extra support to go about their life, it's a big decision. You need to weigh up lots of different things and, most importantly, make sure that your loved one will be happy.

We can help. We'll listen to your needs and, together with you, create a care plan that's tailored to you and your loved one. And if anything changes, we can simply change your care plan so that you get the best possible service.

Find out more

For more information, you can download *The Ultimate Guide to Selecting Care:*

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Eight reasons to *choose* Bluebird Care

01

Your loved one can remain independent in the home they know and love

02

A more affordable alternative to residential or nursing care

03

1–to-1 care and support

04

Flexible services that evolve with your loved one's needs

05

Help with cooking, bathing and household chores

06

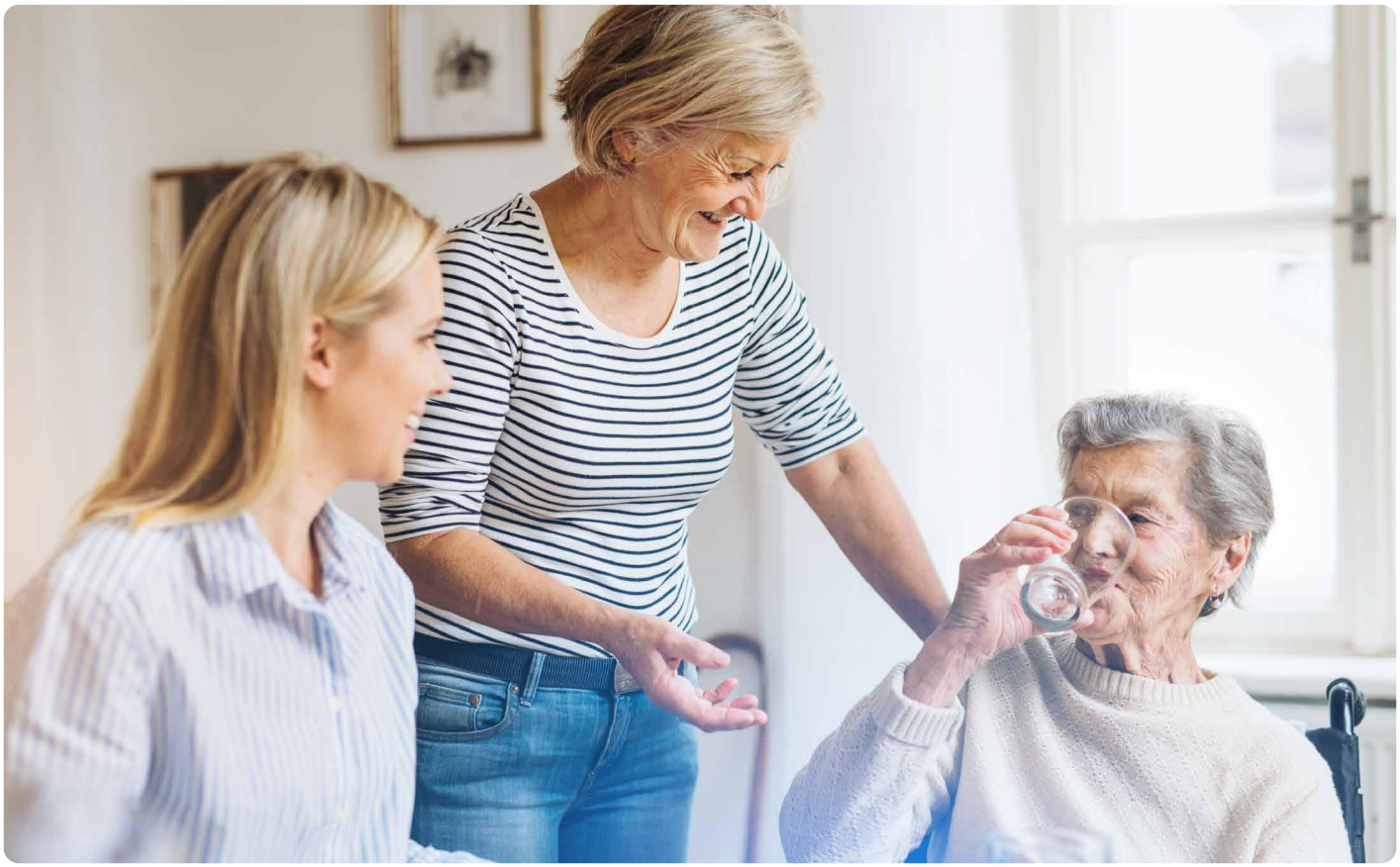
Expert Carers and equally good companions

07

Enables your loved one to stay healthier for longer

08

Gives you a much-needed break from your care responsibilities



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Care that
brings joy



It's *good* to have a *helping hand*

Home Care gives people the support they need, in the place they *love*. So Dad can wake up in his own bed. Mum can prep the Sunday roast in her own kitchen. Your husband can get the personal *care* he needs while you're in the next room. And everyone, as much as possible, can go about their life as *normal*.

Home Care means different things to different people. From a quick visit to drop off medication, to overnight care so your loved one can rest without worry.

Whatever your family needs, we're here to *help*.

Rushcliffe & Melton



Find out more

It's *good* to feel *comfortable*

We all want to be surrounded by the things we love. Our friends. Our families. Our pets. Our garden.

Home Care makes this *possible.*

It means your loved ones can get the support they need, in the place they love. A place that's safe and familiar, and that's actually proven to help people feel physically and psychologically stronger for longer.

That's why we do what we do. To enable people like your parents or grandparents, aunts or uncles, to live healthier, more rewarding lives in the comfort of their own home.


Find
out more

A *typical* Home Care *visit*

In all fairness, there's no such thing as a typical Home Care visit from us. Because every visit revolves around the individual needs of your loved one, and every person is different.



With that in mind, here are some things that our highly-trained *Expert Carers* are often asked to do.

> Help them wake up, wash and dress for the day

> Prepare fully balanced healthy meals

> Talk and reminisce about times past

> Schedule and collect medication

> Go for walks together

> Ease the burden by looking after those everyday chores

> Accompany them on visits to friends and family

> Help them settle into bed at night

> Take care of the shopping

Find out more

The benefits of *Home Care*



Find out more

For more information, you can download *The Ultimate Guide to Selecting Care:*

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When you work with us, the benefits speak for themselves. None more loudly than your family being able to stay in the place they love, for longer.

Of course, it's much more than that. They also get 1–to-1 support. Help with everyday chores. Someone to help bathe and feed them. Someone to swap stories with. A new friend who can help them see old friends. And a safe environment – with familiar routines – that can delay age-related illnesses such as early-onset dementia.

In other words, everything your loved one needs to live a healthy, fulfilling life *at home*.

Home Care vs a *Residential* Care Home

Everyone's different. Everyone has different likes and dislikes. But here are some of the most common reasons why the people we look after choose Home Care over a care home.

> Your loved one can live independently in their own home rather than with other people

> Your loved one doesn't have to share communal areas

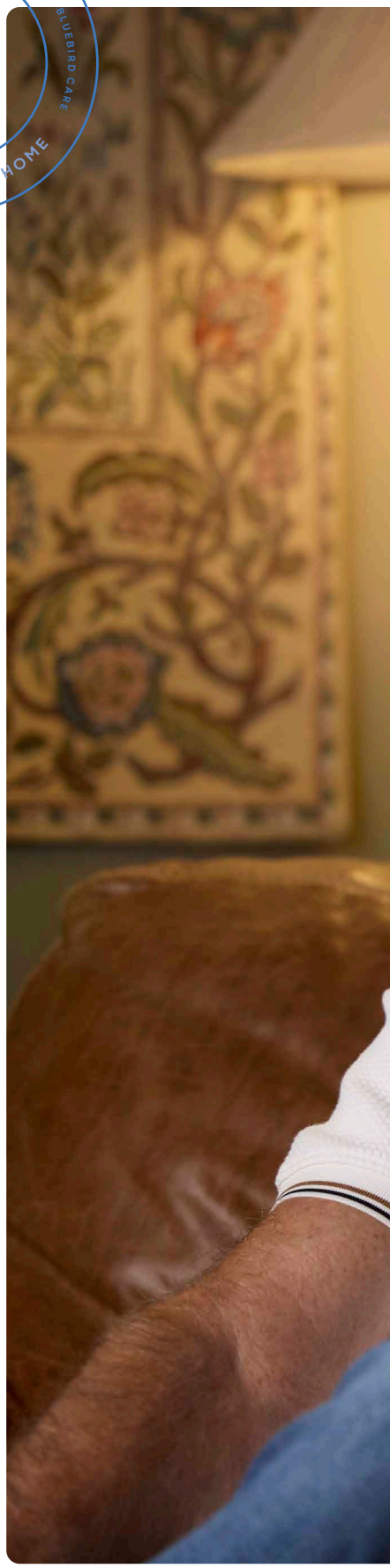
> Your loved one can enjoy 1–to-1 care and support

> Your loved one doesn't need to compete for the attention of care staff

> Your loved one can live with their pets and the things they love, rather than leave them behind

> Your loved one doesn't need to worry about infections that spread quickly

> Your loved one is free to follow their own routines rather than someone else's





Care that *evolves*

We want your loved ones to feel as comfortable as possible. That's why as their needs evolve, our Home Care evolves too. Because the last thing they need is to get passed around to a different care provider every time their care needs change.

We pride ourselves on being one place where anyone can go for all their Care at Home needs. So if you ever need us to support you in a new way, just let us know.



Being regulated *matters*

We're a regulated company. That means, by law, we have to provide all of our staff with all of the training they need to do a great job. It also means we need all the relevant insurance policies should something not go according to plan.

The end result? You can be confident you're in a safe pair of hands.



Always *covered*

Sometimes your carer might be off sick. Or go away on holiday. And usually, that would be hugely disruptive for you.

But not at Bluebird Care.

We ensure that we always have someone who can cover for your carer when they're not around.

And that means you are always covered too.

Find out more

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Feel
at home



Peter

"They're *so* knowledgeable about staying well, I feel *safe* in their hands"

Customer
6+ years

Rushcliffe & Melton

Our team is your team

If there's one thing that brings everyone together at Bluebird Care, it's an overwhelming need to provide the best care possible. A lot of this comes down to compassion, connecting with people in a heartfelt way. But what really sets us apart and ensures the highest quality care is the training we give our staff.



Over the course of 12 weeks, we provide our Care Experts with industry-leading training that's delivered in person, in a classroom and via practical scenarios. That way, they have everything they need to provide care that's not only safe and compliant, but exceptional on every level.

Of course, once the 12 weeks are up, the training doesn't stop, as we provide ongoing development for everyone on our team.

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Not just
our word

How else can we *help?*

They're like *our* other *family!*

Vivian

Care comes in all shapes and sizes, and what one person needs is often very different from what another person needs. Live-in Care might be perfect for some, while others might prefer weekly visits for much-needed companionship or our Health & Wellbeing checks so that any early signs of decline are spotted right away. Whatever your situation, we're here to help.



Our services include: Companionship - Outings - Overnight care
Holiday care - Personal care - Meal times - Household chores
Shopping - Medication - Health & Wellbeing checks

Our promise to you

You can trust us to keep your loved one safe. We'll look after them with all the care and attention you would, but also with the expertise and know-how that comes with extensive training and experience.

You can trust us to always put you and your loved one first. Listening to your needs, respecting your wishes, treating you with dignity and understanding. We'll also create a care package that's tailored to your loved one's needs, and review it regularly to ensure it's working as well as possible.

You can trust us to be there for your loved one, as agreed and on time. To always be professional, but more than that, to do our job with heart. To show up with a smile and make your loved one's day.

You can trust that we'll do everything we can to make working with us as easy as possible, especially when it comes to technology. That way you can be involved in planning your loved one's care, and always be kept up-to-date to ensure your own peace of mind.

Finally, you can trust we'll go out of our way so that your loved one can lead a happy and fulfilling life. We'll be their friend. We'll share stories together. We'll take them shopping or to their favourite gallery or to see the people who mean the most to them.
In short, we'll help them keep living the life they want.

Your local office

Bluebird Care Office

Rushcliffe & Melton

At Bluebird Care Rushcliffe & Melton, we're here to help. Whatever your need, whatever your situation, we're here to listen, chat and recommend the best way forward for you and your family.

I've worked in social care for over 10 years and, all too often, I've seen a one-size fits all approach. But no two people are the same. So no two packages of care should be the exact same either.

Bluebird Care gave me the opportunity to really make a difference in people's lives. That's why I joined this wonderful family and set-up Bluebird Care Rushcliffe & Melton. We've been honoured to receive multiple awards for the premium quality of our care and support, and have always upheld a solid "Good" in all areas during our inspections by the CQC (Care Quality Commission) and "Outstanding" in being 'Well-led'.

We pride ourselves on having a kind and supportive culture, and we only employ genuinely empathetic Care Experts. We also know we're only able to provide the premium quality service you expect because of the hard work and dedication of our entire team. So it's no surprise that we value each and every one of them.

If you think someone in your life could benefit from Care at Home, please don't hesitate to get in touch. We'd love to share how we can help.

Scan me to check if your loved one's home is in the areas we can visit them in.

Andrew

Andrew Bryan
Director

bluebird care®

If you have any questions please call us on

0115 9333 114

Or email us at

rushcliffeandmelton@bluebirdcare.co.uk

bluebirdcare.co.uk/rushcliffe-melton