The Gather and Grow Project

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Gather and Grow CIC – Volunteer Information & Guidance

Purpose:
Practical info for Day-One volunteers. Participation is voluntary; volunteers are responsible for their own safety and belongings.

Clothing & Gear :
Sturdy shoes/wellies, weatherproof layers, gloves, sun/rain hat. Bring drinks/snacks.

Travel & Parking:
Volunteers arrange their own transport; park in designated areas. Lift-sharing is a personal arrangement.

Children & Young People: Under-18s must be accompanied by a parent/guardian.

Tools & Equipment: Use only under instruction. Items brought on site are your responsibility.

Behaviour & Conduct: Gather and Grow is welcoming and safe. Aggression, harassment, or unsafe behaviour is not tolerated. Alcohol and illegal drugs are prohibited; smoking only in designated areas.

Day-One Safety Snapshot: Key hazards – tools, fire, livestock, uneven ground, water, weather. Follow Project Lead instructions. First aid, fire, and H&S policies are available on request; copies held in the Project Lead's vehicle.

What to Bring : Boots/shoes, gloves, weatherproof clothing, drink/snack, sun/rain hat, personal medication.