THE BIPOLAR LIFT

COMMUNITY FUND

Do you or someone you know live with

Bipolar Disorder?

Maybe we can help?

We provide assistance in areas such as

- Financial and Debt
- DVLA and Welfare issues
- Employer and Employment advice
-Well-being
- One to one & group sessions, gentle walks, boat trips...

Supporting those living with Bipolar Disorder, their friends and families in Nottingham

For more information or to book your free place at our next event/meeting, contact:

Nahida on 07534138512

Email: support@bipolarlift.org Web: www.bipolarlift.org