REGISTERED CARE HOME

PALMWOOD COURT





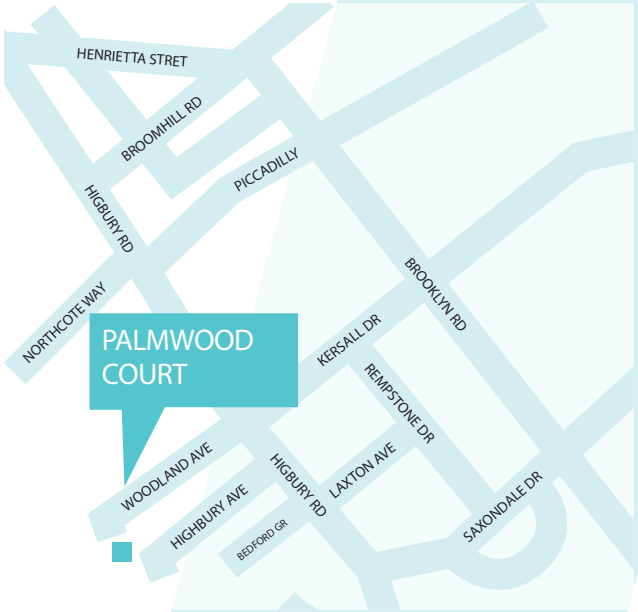


QUICK LIST

- Fully furnished
- Communal areas
- Long term
- Keyworker teams
- SMaRT and relief workers
- Service user involvement
- Person centred planning
- IT facilities

HOW TO FIND

PALMWOOD COURT



16 Palmwood Court, Bulwell
Nottingham NG6 9BZ

Some sat nav devices will direct only to the local shops. Palmwood Court is located in the cul-de-sac at the bottom of Woodland Avenue, accessed between the Post Office Sorting Office and Bulwell Registry Office.

Tel: 0115 975 3987
Email: palmwood@ncha.org.uk
General Enquiries Tel: 0345 650 1202
SMaRT 24hr Helpline: 0345 650 5599
Website: www.ncha.org.uk

Ref: CS.06.18

NOTTINGHAM COMMUNITY HOUSING ASSOCIATION

REGISTERED CARE HOME

PALMWOOD COURT



Palmwood Court provides services for people aged 18 or over who have enduring mental health difficulties

Inspected and rated
Good
CareQuality Commission

ACCOMMODATION

- 12 fully furnished bedrooms
- Communal lounge, dining area and garden
- Long term accommodation
- Fully furnished
- Easy access to local amenities
- All accommodation is maintained to the highest standard

ONE-TO-ONE SUPPORT

Many people find having their own support worker helps them to identify and overcome difficulties. These difficulties may prevent them from improving or building independent lives.

We will help you to plan the support you needto meet your goals. An agreement will be made about who will do what and about when and how often you will meet with your support worker.

As well as helping to overcome existing difficulties, this often prevents new problems developing.

WHO WE SUPPORT

Palmwood Court provides services for people aged 18 or over who have enduring mental health difficulties.

THE SUPPORT WE OFFER

- One to one support sessions with individual outcomes
- House meetings
- Respect for choices, privacy, confidentiality and promotion of equalities and diversity
- Medication management depending on individual needs
- Help with personal care
- You will be encouraged to be involved in the running and development of the home
- You will be encouraged to be involved with the person centred services groups
- Support planning and risk assessments tailored to meet your needs
- Regular reviews with family and care team
- Person centred support plans developed with you using a recovery approach
- Your own named keyworker

WE WILL HELP YOU WITH

- Meeting your own person centred needs
- Maintaining your health and wellbeing
- Developing life skills
- Achieving a meaningful life

HOW TO APPLY FOR SUPPORT

Placements need to be agreed with your care team and you need to have a current primary enduring mental health diagnosis.

Call the project on **0115 975 3987** during office hours or see the back of the leaflet for alternative contact details.

NOTTINGHAM COMMUNITY HOUSING ASSOCIATION