General Information

Nottinghamshire Carers Association

Carer-friendly Service 2023

25 Prospect Street

Radford Care Group
SHARE THE CARE



Transport:
If you live locally there is a bus available to transport you to and from the centre.
Please ring **0115 9786133** for details.

Centre for Care

We are open 5 days per week Monday to Friday from 9am.

There are many more things to enjoy at our centre so please look at our website or telephone us for a visit to learn about how to join the Radford Care Group and what the cost will be to you.

- Telephone: **0115 9786133**
- Email: **info@radfordcaregroup.org.uk**
- Website: **www.radfordcaregroup.org.uk**

Or drop in:

- **Radford Care Group**
  25 Prospect Street
  Radford, Nottingham NG7 5QE



@radfordcaregroup
@radfordcare

Registered Charity Number: 1073938

If you would like to donate to our charity by way of goods or cash donations please call or call in to see us.

Radford Care Group would like to thank all those who support our charity through donations. Visit our website for more information.

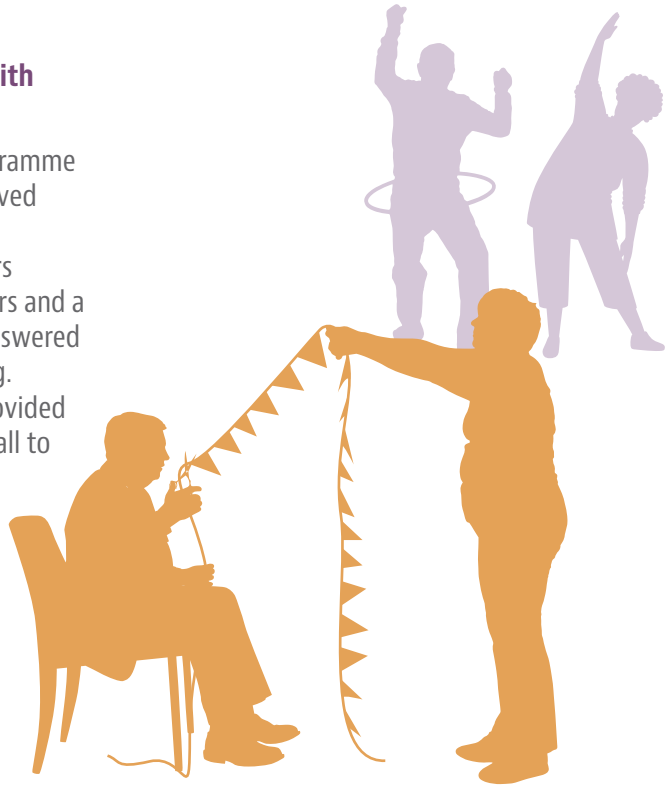
Stay young with the Radford Care Group

Share The Care...

Do you look after someone with Dementia?

Our Dementia Information Programme for carers aims to give an improved understanding of all aspects of dementia. The programme offers mutual support from other carers and a chance to get your questions answered in a relaxed and informal setting. Transport and respite can be provided (subject to suitability). Please call to book your place.





Volunteers

Volunteers are essential to providing an enjoyable and exciting day at Radford Care Group. We always have a need for volunteers in the centre. Their time and efforts are invaluable. If you would like to help please drop in or give us a call.

The Friendship Group

The Friendship Group is a warm and welcoming centre for older people (50 plus) open Monday to Friday.

Transport can be provided door to door please telephone for details.

As a charitable organisation serving the community since 1968 we wish to continue with your help. This is your centre and new ideas for services and activities to benefit you are always welcome.

Once here you will enjoy:

- **The friendship of others**
- **Trying new things and enjoying familiar past-times**
- **Information and advice and positive steps to stay healthy**
- **Refreshments throughout the day and a midday meal**
- **Regular trips out**
- **Special dietary needs or other needs based around different ethnic origins**
- **Aromatherapy massage**
- **Arts and crafts and exercise**

Our Day Care Service

Our specialist Day Care service is for those elders in the community who may need some extra help and for their loved ones who may benefit from some time to themselves.

We provide transport door to door (please telephone for further details), and the centre is supported by our professional care staff.

Our aim is to help people to remain independent and living in their own homes.

Our day-care offers:

- **A warm and friendly environment in which to enjoy activities and friends**
- **Refreshments throughout the day and a midday meal**
- **Regular trips out**
- **Daily activities**
- **Arts and crafts and exercise**
- **Aromatherapy massage**
- **Special dietary needs or other needs based around different ethnic origins**
- **Helpful advice and information**







For all enquiries call us on: 0115 978 6133