Radford Care Group
SHARE THE CARE

Centre for Care

Share The Care...

Do you look after someone with Dementia?

Our Dementia Information Programme for carers aims to give an improved understanding of all aspects of dementia. The programme offers mutual support from other carers and a chance to get your questions answered in a relaxed and informal setting. Transport and respite can be provided (subject to availability). Please call to book your place.

Nottinghamshire Carers Association
Carer-friendly Service 2023

The Friendship Group & Day Care Service

Once here you will enjoy the friendship of others whilst trying new things. We have regular trips out plus daily activities including arts and crafts, singing and exercise. Refreshments are served throughout the day and a hot midday meal is provided. Information and signposting is also available to support you to stay healthy.

Transport

If you live locally there is a bus available to transport you to and from the centre. Please call 0115 9786133 for details.

We are open 5 days per week Monday to Friday from 9am - 3.30pm.
Visit us at Radford Care Group, 25 Prospect Street, Radford Nottingham, NG7 5QE.

Radford Care Group, bringing older people together for friendship and activities, with provision for those needing additional assistance

Come and Join us or find out more:

25 Prospect Street



0115 9786133
www.radfordcaregroup.org.uk
Facebook
Twitter

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Stay Young with the Radford Care Group at 25 Prospect Street: 0115 9786133: www.radfordcaregroup.org.uk