

Church Farm at Rusticus
For living with dementia
Owthorpe Road, Cotgrave
Nottingham NG12 3PU
churchfarmcare.co.uk/rusticus

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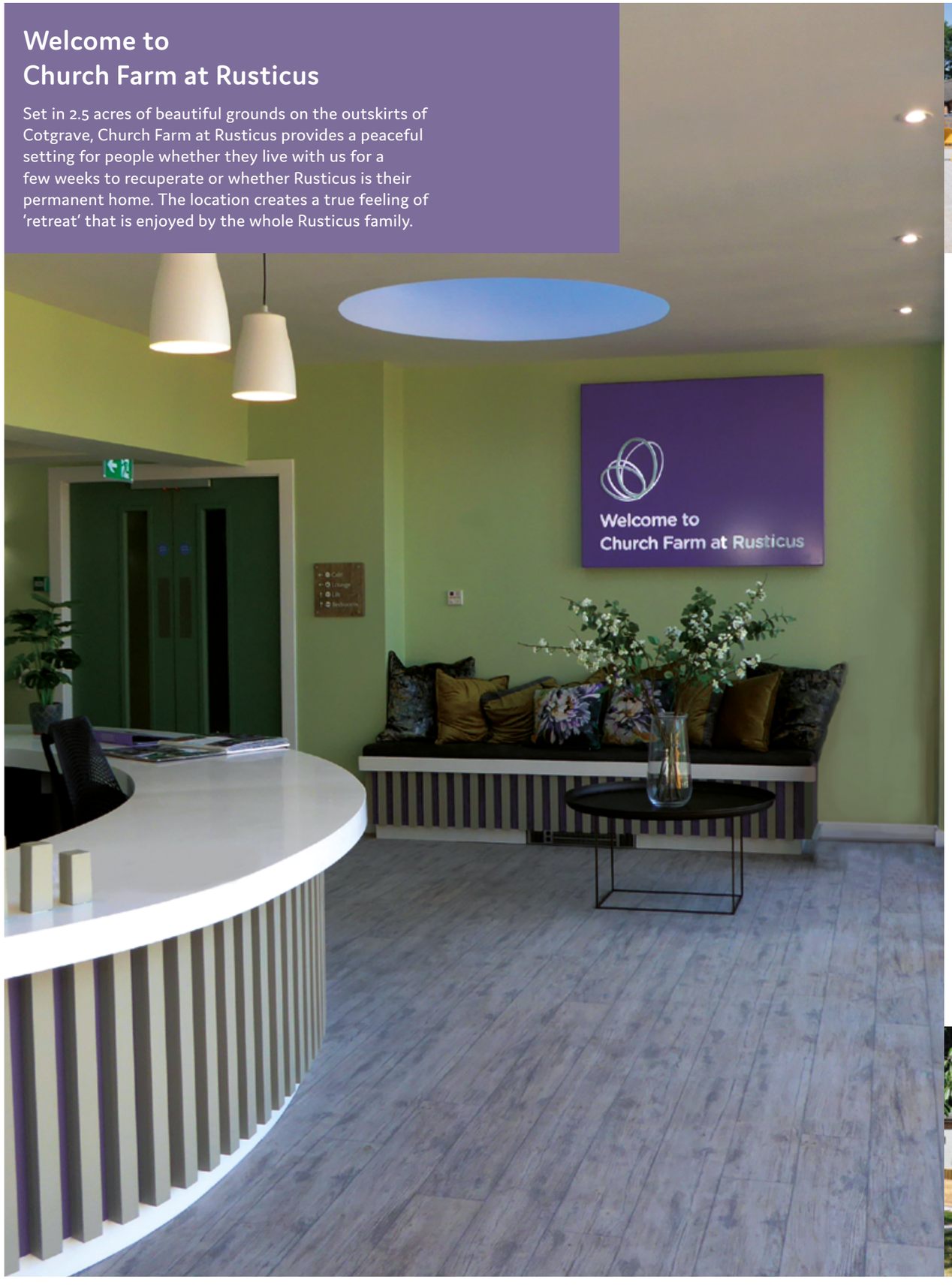
Church Farm at Rusticus
RESIDENTIAL DEMENTIA & NURSING CARE

We believe that each person living with us deserves to feel safe and loved every day. Emotional relationships are at the heart of our approach.

"There's pleasure when a kind word falls, Like dew upon the ground; When blades of tender feelings spring in clusters all around" George Hickling, (1859) 'The Pleasures of Life', Rusticus Cotgrave

Welcome to Church Farm at Rusticus

Set in 2.5 acres of beautiful grounds on the outskirts of Cotgrave, Church Farm at Rusticus provides a peaceful setting for people whether they live with us for a few weeks to recuperate or whether Rusticus is their permanent home. The location creates a true feeling of 'retreat' that is enjoyed by the whole Rusticus family.







One of our lounges at Church Farm at Rusticus

Meaningful daily living

Our aim at Church Farm Care is to create environments that look and feel like 'home.' We achieve this with individual households with living and dining all situated close by. People share their lives with an intimate family of people living and working together. At Church Farm at Rusticus each household is designed to take full advantage of the peaceful, rural setting with intimate and safe outdoor spaces close to people's own rooms alongside amazing views of woodland. Enjoying the simple things in life together such as walks and gardening, baking and people's own personal interests is the focus of every day.

Living at Rusticus

New developed bedrooms with private bathroom facilities provide extremely spacious accommodation for people to choose to enjoy some quiet time alone and with their family and friends when they visit. This private space enhanced with their own belongings creates a feeling of familiarity and safety that is truly their own. When a person seeks company and shared experiences, the spacious living areas are busy with life and a sociable sense of family and belonging.

Respite, rehabilitation and permanent living

At Church Farm at Rusticus, we provide a variety of care options, we have a number of respite bedrooms available for people who need either a few days to a few weeks break. Whilst staying with us, you will be able to enjoy all the benefits Rusticus provides, including home cooked meals, the calming gentle woodland surroundings, and of course access to our hairdresser, chiropodist, dedicated visiting GP, and physiotherapist.

We also have a number of specialist rehabilitation bedrooms available, to access directly through the NHS as a step down from a hospital stay, or for someone that temporarily needs more support to get back to independent living. Our rooms are very spacious and all have walk in wet rooms ensuite as well as your own private garden and access to our grounds.





Ice cream van visits for the residents





The Pods are two bedroom self enclosed living spaces





Private resident garden spaces looking over the grounds

Finding your way around

Church Farm at Rusticus is focused on creating an environment that takes advantage of the area's beautiful rural surroundings, designed to make our residents feel as comfortable as possible and at home. Rooms feature high-spec facilities that support residents' independence and dignity and also provide the care team with appropriate facilities to be able to best support the residents, including Socius with its cinema, cafe and hairdressers.

Hawthorn House
26 bedrooms for dementia, respite and rehabilitation and NHS contracts. Each bedroom has access to a private patio garden, large en-suite wet room, and newly refurbished living area with accessible kitchen.

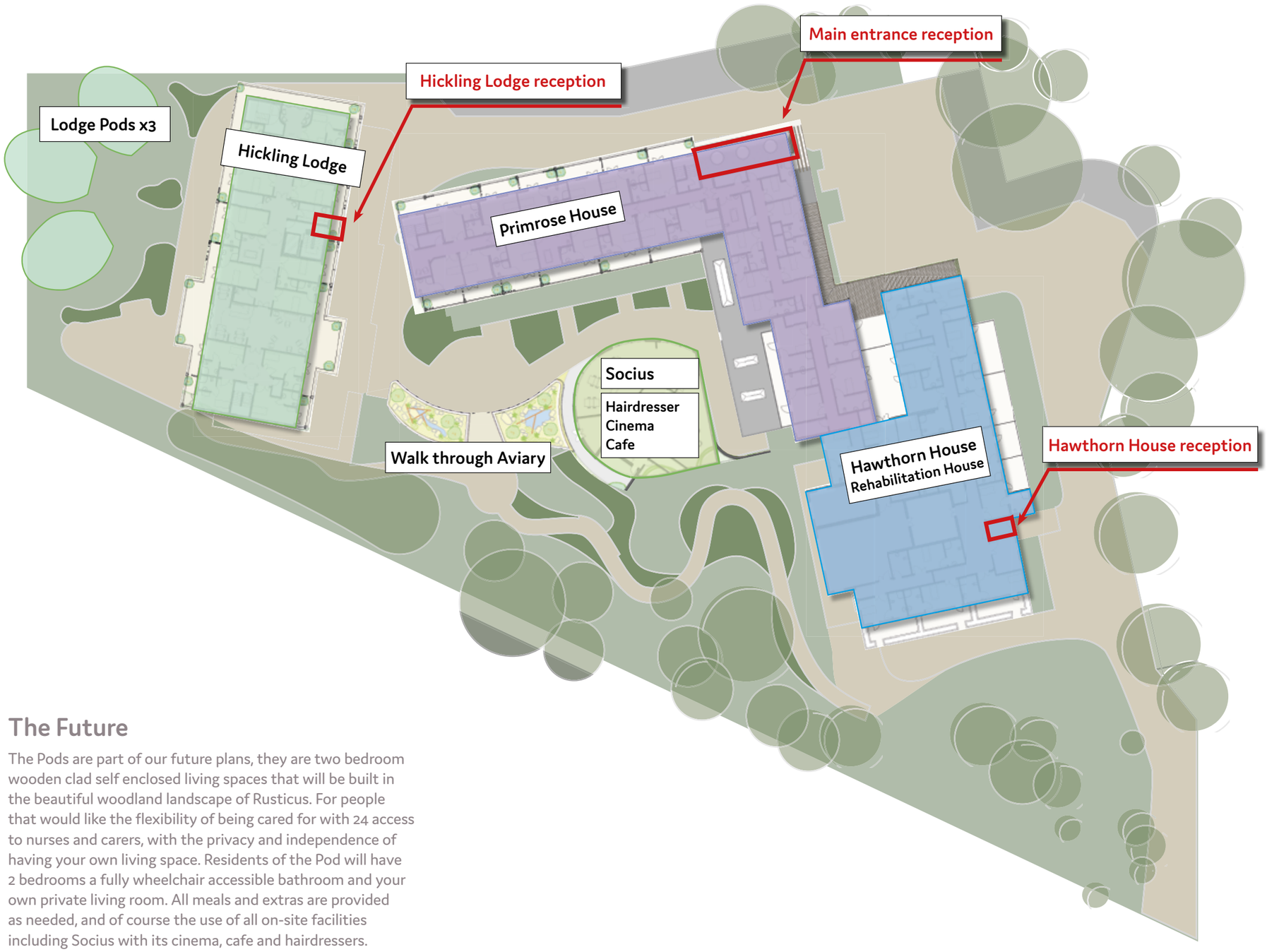
Primrose House
Original Rusticus, all living space has recently been refurbished to the highest specification, and soon all bedrooms will be refurbished to create ensuite, light airy rooms.

Hickling Lodge
30 bedrooms light and airy ensuite bedrooms, with access to private gardens off each bedroom. Finished to the highest specification.

Socius
A social hub open to residents, relatives and members of the community. Socius houses a wheelchair accessible cinema, cafe, hair salon and aviary which connects to the living accommodation.

All of the following benefits are part of the culture and experience of staying with us here at Church Farm Rusticus.

- 24-hour tailored compassionate care
- 62 luxurious suites with peaceful woodland views
- Cinema and spacious cafe area
- Delicious and nutritious food cooked by our chefs
- Beauty salon
- Sensory landscaped
- Aviary
- Latest in high-tech medical record keeping technology for electronic care planning records and medicine management.
- Partnering with University of Nottingham, the NHS and The Health Foundation to ensure the latest research and best practices are adopted for the benefit of our residents.



The Future

The Pods are part of our future plans, they are two bedroom wooden clad self enclosed living spaces that will be built in the beautiful woodland landscape of Rusticus. For people that would like the flexibility of being cared for with 24 access to nurses and carers, with the privacy and independence of having your own living space. Residents of the Pod will have 2 bedrooms a fully wheelchair accessible bathroom and your own private living room. All meals and extras are provided as needed, and of course the use of all on-site facilities including Socius with its cinema, cafe and hairdressers.