MACMILLAN CANCER SUPPORT

When someone you love is diagnosed with cancer, it's overwhelming. You may feel sad, angry, scared, exhausted - this is normal.

We provide Holistic Needs Assessments for anyone caring for someone with cancer. This gives you time to explore your worries with a professional. We will support you to find solutions. To find out more, contact us via the details below.

Get in touch

- Monday - Friday, 9am – 4pm (closed bank holidays). Please call before making a special journey to visit one of our Centres, as opening hours occasionally change.
- Macmillan Information and Support Centres are located at both Nottingham City Hospital, South Entrance, Hucknall Road, Nottingham NG5 1PB and Queen's Medical Centre, Main Entrance, Derby Road. Nottingham NG7 2UH.
- Phone: 0115 840 2650 / 0115 970 9933. Text Phone: 07812277944 (Text messaging service only and calls to this number will not be answered. Active during normal opening hours.)
- cancerinfo@nuh.nhs.uk

Macmillan Cancer Support will do whatever it takes to give you the answers to your questions about cancer or treatment:

- **Contact our information specialists and nurses to ask your questions, for free, on 0808 808 00 00**
- **Visit our website, which has lots of information about cancer types and treatment, at macmillan.org.uk**
- **Get information from other people with cancer through our Online Community, community.macmillan.org.uk**

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907), and the Isle of Man (604). Also operating in Northern Ireland. MAC19096_leaflet1

In partnership with:

Nottingham University Hospitals NHS Trust

MACMILLAN CANCER SUPPORT

Whatever you need to ask about cancer

The Macmillan Information and Support Service in Nottingham



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How we can help

Cancer can turn your world upside down. It's not just your health that could be affected, it's your family, your job and your ability to pay the bills.

At the Macmillan Information and Support Service in Nottingham, we know that cancer doesn't define you. That's why we treat you as a person, not a patient, from the moment you're diagnosed to the times you need us most. We want you and those around you to feel listened to, understood and informed.

To talk to us in confidence if you're worried. To ask us about anything, from your mood to your money. More than 70% of people who have been diagnosed with cancer need emotional support at some point in their journey. If that's you, our team are ready to chat.

And we're here for practical support too. Our friendly team of Macmillan Professionals are here to help you make informed choices or to access other sources of support. We can help to see if you're entitled to more money, this could be by applying for benefits or grants.

You can access our drop-in services without a referral or appointment, just visit a Centre, call, text or email us. So, whether you need advice on planning for the future or how to get active or just a chat with someone who understands what you're going through, we're here for you.



"Macmillan's support made me feel less alone."

Shola, diagnosed with thymoma