Come along to our singing group

Join other people affected by dementia at a Singing for the Brain® session in your area

Our Singing for the Brain® sessions use singing to bring people who are affected by dementia together in a friendly and stimulating activity.

We sing show tunes, songs from childhood, songs by big names and one-hit wonders, funny songs, sad songs, slow songs and songs that make you want to dance!

Where to find us?

There are Singing for the Brain groups in Mansfield, Newark, Gedling and Clifton

Booking is essential

When do groups take place?

Once a month for an hour and a half



“I really love coming to this group. I always feel so happy when we're singing and that makes me feel better for the rest of the day.”

Jane, who has dementia

To find out more, get in touch:

dementia.connect@
alzheimers.org.uk

07718 697246

alzheimers.org.uk

Alzheimer's Society
United Against Dementia