



Neurodevelopmental Pathway & Support Team (NPST)



Support Sessions

We are the starting point of the referral pathway for children and young people who are registered with a Nottingham City GP where there are queries regarding possible Autism (ASD) and/or Attention Deficit Hyperactivity Disorder (ADHD). NPST's role in the pathway is to triage and screen referrals, gathering information to support any onwards referrals to Community Paediatrics, and offering evidence-based support programmes.

We understand that making referrals to our service or time spent waiting for outcome can be emotive topics and often leave parent/carers with lots of questions or looking for support.

We now offer Support Sessions with a NPST Family Support Worker.



These sessions offer a safe and supportive space to talk through any questions, worries, or concerns you may have. We'll listen and provide tailored advice and guidance to meet your individual needs.

Are you querying if your child may have ADHD or be Autistic, or do they already have a diagnosis of Autism and/or ADHD and not sure where to turn to for support or if to make a referral?

Does your child have an open referral with NPST, and would you like to add more information, or to talk to us about it?

Would you like support with strategies or signposting to other services for support?

If the answer to any of these questions is yes, a Support Session with an NPST Family Support Worker may be for you.

Please contact the Neurodevelopmental Pathway & Support Team (NPST) to discuss your needs and to arrange a Support Session

 **0115 876 1716**  **NPST.enquiries@nottinghamcity.gov.uk**

We offer sessions at times that suit your availability and offer sessions via:



Telephone



Microsoft Teams



In person at a Nottingham City Family Hub

We're Looking Forward to Meeting You!

