WOMEN'S SUPPORT SERVICE

UMUADA







QUICK LIST

- Fully furnished
- Communal areas
- Wheelchair accessible
- Keyworker teams
- Smart and relief services
- Service user involvment
- Person centred planning
- IT facilites

HOW TO FIND

UMUADA

Meeting the needs of men, women and children experiencing domestic violence is a challenge Housing with Care and Support has been meeting for over 20 years.

During this time we have developed a level of expertise to ensure that individuals are offered a supportive and safe environment at a time when they are at their most vulnerable.

Umuada
Women's Support Service
Tel: 0115 975 3254

Email: umuada@ncha.org.uk
General Enquiries Tel: 0345 650 1202
SMaRT 24hr Helpline: 0345 650 5599
Website: careandsupport.ncha.org.uk

NCHA
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Umuada is a specialist, emergency, supported housing project for women fleeing domestic abuse. We prioritise referrals for Black and Minority Ethnic women and their children

ACCOMMODATION:

- 12 bed space refuge
- Fully furnished
- Easy access to local town
- Easy access to public transport
- Communal areas
- All accommodation is maintained to the highest standard
- Secure indoor play area & outdoor activity area
- Qualified childrens worker

ONE-TO-ONE SUPPORT:

Many people find having their own support worker helps them to identify and overcome difficulties. These difficulties may prevent them from improving or building independent lives.

We will help you to plan the support you need to meet your goals.

An agreement will be made about who will do what and about when and how often you will meet with your support worker.

As well as helping to overcome existing difficulties, this often prevents new problems developing.

WHO WE SUPPORT:

Umuada is a specialist, emergency, supported housing project for women fleeing domestic abuse. We prioritise referrals for Black and Minority Ethnic women and their children.

THE SUPPORT WE OFFER:

- Involvement in producing your own person centred support package
- Your own named keyworker
- Out of hours support provided by the
- NCHA SMaRT service (Support
- Management and Response Team) Support sessions and regular service user meetings
- Respect for choices, privacy, confidentiality and promotion of equalities and diversity
- Support around safety planning
- Access to counselling services on the premises
- Advice on claiming welfare benefits
- Accommodation for up to one year

WE WILL HELP YOU WITH:

- Gaining independent life skills e.g. managing finances, shopping etc.
- Gaining experience in managing a tenancy
- Pursuing your life goals
- Managing your mental health
- Contacting local agencies and sign posting for support

HOW TO APPLY FOR SUPPORT:

Call the project on 0115 975 3254 during office hours or see the back of the leaflet for alternative contact details.

NCHA
Care and Support