



What other children have said about Team Around the Family...

I felt happier knowing there were lots of people helping my family.

It helped me feel better because everyone listened to me and I didn't feel alone.

The plan made things easier at home and school.

It was nice knowing people cared about us.

If you have any questions or want to share something with the Team Around the Family, please write it here....

The person leading your Team around the Family is:



Nottingham City Council
Team Around the Family (TAF)

A guide for young people



We are building a future where every baby, child, and young person, is seen, heard, and supported to thrive.





What is Team Around the Family?



1) Sometimes People Worry

Sometimes things happen that make people worry about a child. When someone is worried, they talk to the child and their family. It is good to be honest and talk about worries.



2) Getting Some Help

If a child and their family feel they need help to make worries better, a group of people can help. This group is called the Team Around the Family (TAF).



3) Who Helps and What They Do

A TAF is a group of people who care about you and want to help. This can include your family, friends, and people like your teacher or a doctor. You, your family, and the TAF will make a plan to help with the worries. Everyone talks about what they can do to help.



4) Your Voice Matters

The TAF meets every 6–8 weeks to talk about how the plan is helping. Your thoughts and feelings are important. You can share them by talking, writing, or drawing.



5) When Things Feel Better

When the worries feel better, the TAF meets one last time to celebrate the hard work everyone has done. Even when the TAF stops meeting, you will still have people who love and support you. You can keep the plan and use it in the future.